
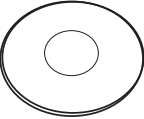
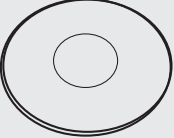
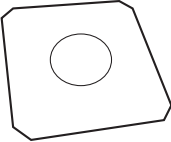
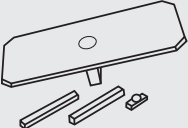




Product Guide

● Beginner ■ Intermediate ◆ Advanced ◆◆ Very Advanced

Name	Product	Applications
<p>● Classic Balance Board - 16" dual level: 14° & 17°</p> <p><i>See exercises, page 8</i></p>		<ul style="list-style-type: none"> • Active Standing • Early to late rehab • Family fitness
<p>■ Pro Balance Board - 16" tri-level: 15°, 17° & 20°</p> <p><i>See exercises, page 8</i></p>		<ul style="list-style-type: none"> • Family fitness • Late rehabilitation • Athletic Training
<p>● Pro Balance Board - 20" ■ tri-level: 10°, 12° & 15°</p> <p><i>See exercises, page 8</i></p>		<ul style="list-style-type: none"> • Senior balance training • Early to mid rehab • Gyms
<p>● Pro Rocker Board - 20" tri-level: 10°, 12° & 15°</p> <p><i>See exercises, page 8</i></p>		<ul style="list-style-type: none"> • Early to late rehab • Dynamic fitness • Home & gym fitness
<p>● Pro Combo Board - 24" ■ 5 interchangeable fulcrums</p> <p><i>See exercises, page 8</i></p>		<ul style="list-style-type: none"> • All levels of rehab • Family fitness • Gyms
<p>■ Pro Combobble Board - 24" tri-level: 10°, 12° & 15°</p> <p><i>See exercises, page 8</i></p>		<ul style="list-style-type: none"> • Athletic training • Dynamic fitness • Gyms
<p>■ Pro Weeble Boards - 11" ◆ fixed 22° set</p> <p><i>See exercises, page 11</i></p>		<ul style="list-style-type: none"> • Dynamic workouts • Athletic training • Squat training