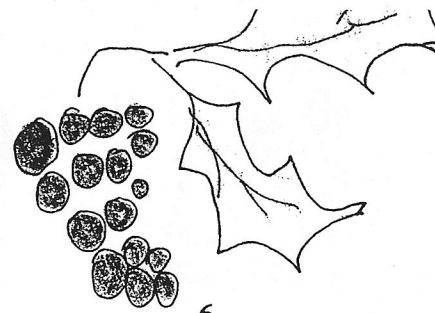


CONTENTS



INTRODUCTION

6

COOKING EQUIPMENT

7

SOLUTIONS



8

Why does water boil?

11

Surprising Cereal—Couscous

14

How do you make ice cream?

16

Chocolate-Chip Ice Cream

19

What is the difference between fat and oil?

21

Fancy Fried Rice

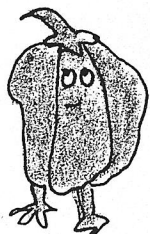
22

Why don't oil and water mix?

23

Honey-Mustard Salad Dressing

24



ACIDS AND BASES



25

What is the difference between baking soda and powder?

27

Buttermilk Raisin Muffins

29

Why does cut fruit turn brown?

30

Summer Fruit Salad

31

Why are pickles sour?

32

Puckered Pickles

34



SUGARS AND STARCHES

35

How do you get candy from sugar?

36

Loony Lollipops

38

What makes pudding and gravy lumpy?

39

Chocolate-Almond Pudding

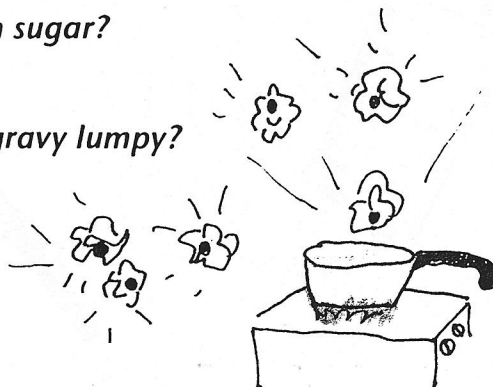
40

Why does popcorn pop?

41

Popcorn Nachos

43





CONTENTS

PROTEINS

Why are hard-boiled eggs hard?

Dandy Deviled Eggs

What are curds and whey?

Ricotta Cheese

What is gelatin?

Magic Marshmallows



44

46

47

48

50

51

53

54

CELLS

Why do fruits and vegetables wilt when cooked?

Quick Apple Crisp

Why do onions make you cry?

French Onion Soup



What is the difference between light and dark meat?

Thai Chicken Kabobs

Why does yeast make bread rise?

Pretty Perfect Pizza

What is yogurt?

Homemade Yogurt

58

59

60

62

63

65

66

68

70

73

GLOSSARY

INDEX

74

78

