## Fresh fromithe Garden <br> 10 Teaching Ideas <br>  <br> <br> Fresh from <br> <br> Fresh from the Garden the Garden Dry Erase Poster

 Dry Erase Poster}Item \# 410245

1Ask students to identify fruits and vegetables being served at school, preschool or daycare. List them on the dry erase poster daily. Discuss why it is good to eat a wide variety of fruits and vegetables.

2Using pictures of fruits and vegetables, have students sort them by group. List fruits on the poster one day and vegetables on another.

3Have students complete the sentence: My favorite fruit is $\qquad$ . My favorite vegetable is $\qquad$ _.
List each student's choice on the poster. Have them explain why it is their favorite.

4Break the class into small groups. Have them record as many fruits and vegetables as they can in five minutes. When time is up, review together each group's list for correctness.

5Do a Daily Word Challenge. Write the name of a fruit or vegetable on the poster leaving blanks for some of the letters. Have the students use the alphabet to fill in the blanks and guess the word. For example, $\qquad$ (apple) or t__m m (tomato). Vary the difficulty according to the students' ability. You can display a picture of the mystery fruit or vegetable for younger students if desired.

6List common colors of fruits and vegetables as headings on the poster. Have students name common fruits and vegetables that could be listed under each color (e.g., red, orange, yellow, green, white, blue/purple).

7Draw or display a picture of a child in the middle of the poster. Draw fruits and vegetables around the child. Have students draw a line from the fruit or vegetable to the part of the body it helps (e.g., carrots - eyes).

8Draw pictures of common fruits and vegetables on the left side of the poster and the beginning letter of each on the right side. Have students draw a line to connect the picture to the correct beginning letter.

9Display a list of common fruits and vegetables next to the poster. Write the heading Fruits and Vegetables A to $Z$ at the top of the poster. Allow students to take turns writing the fruits and vegetables in alphabetical order on the poster.

10Using the Garden Heroes ${ }^{\circledR}$ plush characters (Set of 35 , Item \#507597) introduce a new fruit or vegetable each day. You can list the heading Fruit (or Vegetable) of the Day at the top of the poster. Discuss the nutrients, where it grows, how it grows, its color and size, and how long it takes to produce fruit. The Garden Heroes Activities Book (Item \#507610) offers many ideas and activities to be used with the Garden Heroes characters and poster.

4H4THIT
Learning ZoneXpress ${ }^{\text {TM }}$
1-888-455-7003 www.learningzonexpress.com

