

WE'LL ALWAYS HAVE SUMMER

Beat the heat with the right products and tools

By Prableen Gujral

This season, it's all about updating your beauty routine to products and tools that cater to every need—think new-age ingredients with multiple benefits, scientific formulas that block UV radiation and pollutants, and bespoke skincare for custom results.



L'Occitane en Provence Reine Blanche Illuminating UV Shield, ₹3,790/30ml.



Dr. Sheth's Basic Brightening Daily Sunscreen, ₹949.



Dermalogica Daily Superfoliant, ₹4,995.

SMARTER SPF



Shiseido Perfect UV Protector, ₹3,100.



Perenne Broad Spectrum SPF 50, ₹1,000.

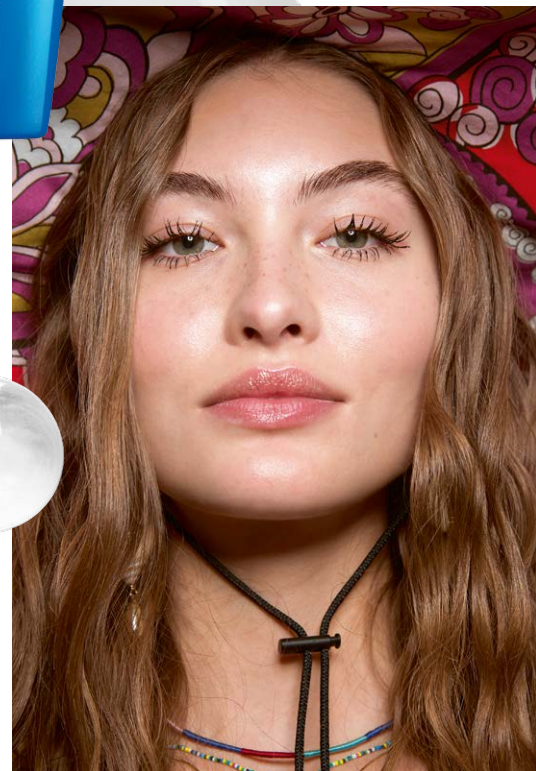


Supergoop Acai Fusion Lip Balm, ₹700 (approx).

COOLA SPF30 Face Rosilliance® BB Cream in Light/Medium, ₹4,200.



RUNWAY IMAGE: COURTESY IMAXTREE/ETRO SS19. GRAPHICS: COURTESY GRAHAM WALSER.



Ilana Conditioning Hair Mask (Mango+Argan), ₹950.



Schwarzkopf Professional Osis Magic Anti Frizz Shine Serum, ₹950.



Bed Head TIGI After Party, ₹1,100.



Paul Penders Leave-In Defrizzing Balm, ₹1,095.



MoroccanOil Dry Shampoo Dark Tones, ₹1,980/205ml.



Balmain Paris Curl Cream at nykaa.com, ₹1,850.



SOVA Kashmiri Walnut & Violet Flower Anti Frizz Hair Serum, ₹1,250/100ml.



OUAI Haircare Anti-Frizz Hair Sheets, ₹1,300 (approx).



KEVIN.MURPHY SMOOTH.AGAIN, ₹2,475.



Christophe Robin Regenerating Shampoo with Prickly Pear Oil, ₹5,700 (approx).



Elizabeth Arden Eight Hour® Cream All-Over Miracle Oil, ₹3,100.



BBLUNT Climate Control, Anti-Frizz Leave-In Cream, ₹550.

SLICK MOVE

Keep humidity at bay by using products that add body without weighing strands down. A root-lifting powder or lightweight wave spray extends your wash, while a silicone-free oil tames flyaways without adding unwanted texture.

HOMEGROWN HEROES

SOVA Kashmiri Walnut & Violet Flower Anti Frizz Hair Serum: Rub a few pumps from your mid-length to ends for a smooth finish. Ilana Conditioning Hair Mask (Mango+Argan): Sealing in moisture from root to ends, this mask feeds dry tresses with nourishing blends. ▶



When it comes to sun protection, one product does not fit all. UV rays can damage more than just skin, so protecting your body and hair is important too. If you spend hours at a computer or on the phone daily—like so many of us—use a zinc and titanium dioxide-based sunscreen, which protects you not only from UV rays, but also fluorescent bulbs and blue light.

HOMEGROWN HEROES

Perenne Broad Spectrum SPF 50: Labelled as broad spectrum, the product shields against UVA and UVB rays. Dr. Sheth's Basic Brightening Daily Sunscreen: It sinks in effortlessly and has a hydrating finish.



Yves Rocher Elixir Jeunesse Restructuring Day Care Repair + Anti-pollution, ₹2,600.



Avon Anew Retroactive Youth Extending Multiple Shield, ₹1,800 (approx).



Organic Riot SMOG-BLOCK, ₹1,210.



ORIBE Power Drops Hydration & Anti-Pollution Booster, ₹6,800/30ml (approx).

The Ordinary Pycnogenol 5% serum, ₹900 (approx).



Nuskay Skincare Activated Charcoal Scrub, ₹950.



CoverFX Water Cloud Primer, ₹2,600 (approx).



GUARD UP

Measuring almost 20 times smaller than pores, pollutants penetrate down to the epidermis, causing inflammation, dehydration, and cellular deterioration. Include topical antioxidants in your routine and switch to a cleanser that washes away particles at the end of the day.

HOMEGROWN HEROES

Organic Riot SMOG-BLOCK: Loaded with manuka extract, this works to stop pollution particles from sticking to your skin.

Nuskay Skincare Activated Charcoal Scrub: Activated charcoal—beauty's biggest trend—pulls out impurities and de-clogs pores.



Caudalie VineActiv Overnight Detox Oil at cultbeauty.co.uk, ₹2,100 (approx).



Vichy Mineral 89, ₹1,410 (approx).



BY TERRY Detoxilyn City Mask at cultbeauty.co.uk, ₹6,700 (approx).



Sephora Collection Melting Shower Jelly, ₹800 each (approx).



Neemli Naturals Matcha & Avocado Exfoliating Bathing Bar, ₹450.



LE LABO Body Cream at cultbeauty.co.uk, ₹5,500 (approx).



Susanne Kaufmann Oil Bath for the Senses, ₹1,100 (approx).



Forest Essentials Luxury Sugar Soap - Rose & Cardamom, ₹525.



Pixi In-Shower Steam Facial at cultbeauty.co.uk, ₹1,200 (approx).



Essential Body The Espresso Exfoliant at beautysource.in, ₹3,999.



Nuxe Multi-Purpose Dry Oil, ₹3,100 (approx).

BODY LANGUAGE

While our face is often the priority in our beauty regime, our body shouldn't be put on the back burner. Exfoliators not only scrub away the top layer of dry skin, they also reveal a smoother décolletage and limbs. Add a nourishing oil for that extra hint of moisture your body may need.

HOMEGROWN HEROES

Essential Body The Espresso Exfoliant: Minty, refreshing, and hydrating, this cup of joe is infused with dead sea salt, almond oil, peppermint oil, and Arabic coffee. **Neemli Naturals Matcha & Avocado Exfoliating Bathing Bar:** Packed with Vitamin E and antimicrobial properties, this is a must if you're a superfood lover. ➤

RUNWAY IMAGE: COURTESY IMAXTREE/ZIMMERMAN SS18. GRAPHICS: COURTESY GRAHAM WALSER AND STUART TYSON/STUDIO D.



Sarah Chapman
Professional
Cleansing Mitts,
₹1,300 (approx).

Briogeo
Scalp Revival
Stimulating
Therapy
Massager, ₹1,160
(approx).



TOOLS OF THE TRADE

From beauty spatulas and ice rollers to body brushes and foot massage wands, beauty tools are rolling out at a rapid rate this year. A must-have? GHD Hair's Oracle: A curling revolution that transforms your hair into smooth, frizz-free waves in one easy glide.

Kama Ayurveda
Natural Vetiver
& Sisal Loofah,
₹695.



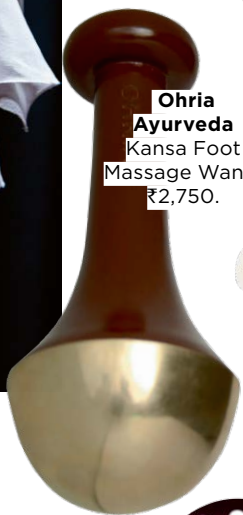
GHD Hair
Oracle, ₹15,000
(approx).



Dr. Jart+
Liftra Contour
Shaper, ₹5,600
(approx).

HOMEGROWN HEROES
Kama Ayurveda Natural Vetiver & Sisal Loofah: All natural, and a little coarse, it scrubs away dead cells leaving your skin smooth and soft. Ohria Ayurveda Kansa Foot Massage Wand: A blend of three metals, the wand reduces pain, inflammation, and also helps with stress and insomnia.

Ohria Ayurveda
Kansa Foot
Massage Wand,
₹2,750.



Nurse Jamie
NuLipsRX,
₹1,800 (approx).



Bed Of Nails
Acupressure
Pillow at
cultbeauty.
co.uk, ₹2,800
(approx).



Foreo Luna 2,
₹23,000.

Every Drop
Beauty
Spatula,
₹500
(approx).



SHAQUDA Suvé
Body Brush -
Soft, ₹15,200
(approx).

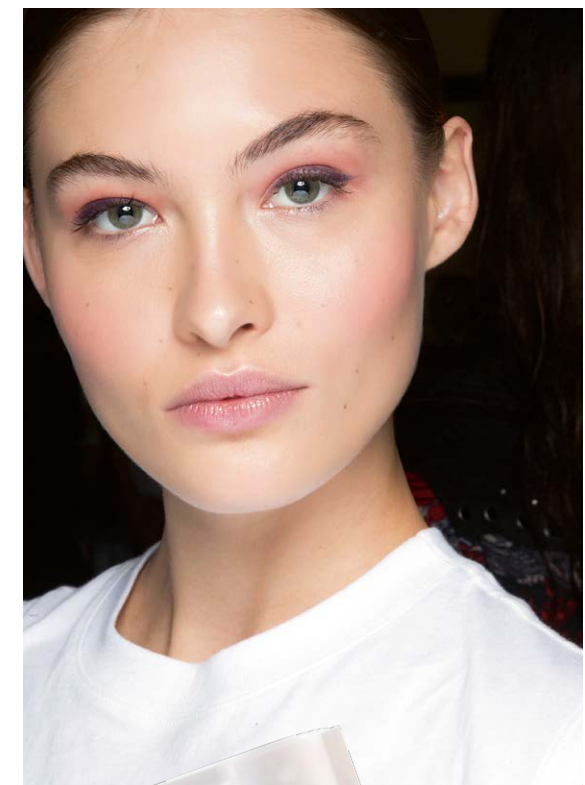


blendSMART
Skincare brush,
₹1,500 onwards.



My Perfume,
₹9,000
onwards.

Eyeko Bespoke
Mascara, ₹2,800
onwards.



YOURS, TRULY

Personalised to your taste and customised to your needs, bespoke products—from serums to fragrances—are defining true indulgence in the world of beauty today. And what's more luxurious than a product made just for you?

HOMEGROWN HEROES

Emcee Beauty: Get your perfect lipstick shade blended by choosing the right colour, intensity, and finish, and also give it a name of your choice. Bare Anatomy: Over two weeks, a specialist will create a serum, oil, or shampoo to perfectly match your hair's needs and requirements. ■



yours. moisturiser
(part of a package),
₹9,500 onwards
for a set.



Lancôme Le Teint
Particulier Custom
Made Foundation,
₹6,200 (approx).

SkinCeuticals
Custom D.O.S.E.,
₹13,700 (approx).



EMULSION Eye
Cream With Revital
Eyes, ₹2,300 (approx).



SkinKraft
cleanser (part
of a package),
₹1,699 for
a month.



Emcee Beauty
lipstick, ₹1,450.



Skin Inc Supplement Bar
serum, ₹2,500 (approx).



Bare Anatomy
shampoo, ₹749.



RUNWAY IMAGE: COURTESY IMAXTREE/BRANDON MAXWELL SS19. GRAPHICS: COURTESY JEFFREY WESTBROOK AND GRAHAM WALSER. ALL PRODUCTS: COURTESY THE BRANDS.

RUNWAY IMAGE: COURTESY IMAXTREE/TOM FORD SS19.

SEE **WHERE TO BUY** FOR DETAILS