

USE AND CARE GUIDE



Paraffin Heat Treatment Bath

Heat Treatment For hands, feet and elbows

The WaxWel Paraffin Bath System provides benefits especially for:

- Soothing and conditioning hands, feet and elbows
- Heat treatment moisturizes dry and cracked feet, hands and elbows

**IMPORTANT: Please Read Prior to Using
Not for Medical Use**

Congratulations! You have just acquired a WaxWel Paraffin Bath unit, designed and manufactured by Fabrication Enterprises. Please read the following information carefully as it is designed to help provide optimum heat treatment.

IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, especially when children are present, basic safety precautions should always be followed, including the following:

1. Always unplug the WaxWel Paraffin Bath unit from the electrical outlet immediately after using.
2. Do not use when bathing or showering
3. Do not use, store or place appliance where it could fall or be pulled into water.
4. If appliance does accidentally fall into water or liquid, DO NOT TOUCH, unplug it immediately!
5. Never operate this product if it has a damaged cord or plug.
6. Do not touch the inside or bottom of the unit as they are hot.
7. Do not apply hot wax near eyes or other heat sensitive areas, to any open skin lesion, skin injury or skin eruption.
8. Use WaxWel Paraffin Bath on a level surface.
9. Allow the appliance to completely cool before handling, cleaning or storing.



10. Do not plug or unplug this appliance when hands or body is wet.
11. Store appliance in a moisture free place.
12. Do not continue to use this unit if experiencing pain, discomfort or irritation.
13. Please keep the level of paraffin wax in the WaxWel Paraffin Bath unit at the indicated line inside the bath.
14. Do not heat paraffin wax on stove, microwave or any other method than the WaxWel Paraffin Bath unit.

⚠ WARNING: Use unit with at least 4 pounds of paraffin to assure proper treatment temperature. For ease of use, the inside of the unit has two indicator lines. The lower line indicates 4 pounds of melted paraffin. If desired, use additional paraffin up to the maximum-fill indicator line (located inside unit above the lower line). A larger quantity of melted paraffin will result in a lower temperature. If lower temperature is desired, fill unit to maximum-fill indicator line.

OPERATING STEPS

Filling the WaxWel Paraffin Bath

- a. Remove the lid and all plastic and paper wrapping along with all literature in the unit.
- b. Make sure the unit is on a level, flat, heat resistant surface.
- c. The paraffin wax beads or blocks are in 1 lb. bags. The WaxWel Paraffin Bath unit can fit up to 6 lbs. (4 liters).
- d. Open and place half the bags of paraffin wax into the unit, add remaining when these have melted.
- e. The ON position is indicated by the illuminating light.
- f. Place the lid back on the unit to retain heat.
- g. It will take approximately 50-60 minutes to begin to see the wax starting to melt. The total time to melt six pounds of wax is approximately 4-6 hours.

Heating System

The heating element of this unit heats the paraffin wax to approximately 125-135°F (51-57°C) and will automatically shut off if the thermostat malfunctions. The illuminating light indicates the unit is on and operating.

FOR HANDS



A helpful suggestion: to retain heat you can place your hand into a plastic liner and cover your hand with the terry cloth mitt for 15 minutes to continue longer heat therapy.

1. Remove all jewelry and wash and dry hands thoroughly.
2. Remove lid from the WaxWel Paraffin Bath unit and carefully test the temperature of the wax on the inside of your wrist.
3. Open your hand by spreading your fingers apart and slowly immerse your hand into the paraffin wax. Then gently remove your hand from the heat, wait approximately 3 seconds (for the paraffin to set on your hand) and dip your hand again into the wax. Re-dip your hand into the wax using the same technique three-four times. The more layers of wax you create help to insulate the heat therapy.
4. After heat therapy is finished, peel the hardened wax from your hands. Start from the wrist and work in a downward motion removing all the paraffin.
5. We recommend you discard the shell of hard wax, as it may contain build-up from skin. **DO NOT PUT PARAFFIN RESIDUE BACK INTO THE BATH UNIT.**
6. To complete your therapy treatment, you can massage oil or lotion of your choice into your hands to maintain softness.

FOR ELBOWS AND FEET



Please follow directions from 1-6 outlined for hands.

NOTE: The paraffin usually takes 12-15 minutes to completely harden.

CLEANING AND SANITIZING UNIT

WHEN TO CLEAN UNIT

1. When paraffin wax becomes discolored or dry.
2. Or when there is evidence of build-up of skin or debris on the bottom of the unit.

HOW TO CLEAN UNIT

3. Allow the wax to solidify, which could take several hours.
4. Plug in the unit and allow it to become warm enough to push on one end which causes the other end to lift slightly. Then unplug the unit. Carefully push on one side of the wax and carefully remove it from the WaxWel Paraffin Bath unit. Wipe out the inside of the tub of the unit and dry with cloth or paper towel.

SANITIZE

5. Clean the unit with a disinfectant and wipe dry with cloth or paper towel. (REMEMBER the unit MUST BE unplugged and cool before cleaning).
6. **DO NOT USE** any chlorine based or bleach cleanser.