

# Planet Ayurveda<sup>TM</sup>

## Holistic Healing Through Herbs

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# HERBAL TEAS

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# ARJUN TEA

**100 % HERBAL CAFFEINE FREE EXOTIC HERBAL TEA**



- Rich source of natural CO–Q10
- Helps maintain Blood Pressure
- Lowers Cholesterol levels
- Strengthens Heart Muscles
- Improves Energy, Stamina and cardiovascular strength

## INGREDIENTS

Arjuna, Punarnava, Pipal Tvak, Dalchini, Chhoti Elaichi

## HOW TO USE

See preparation method on the pack. Ideal to use 1 to 2 cups a day.



# DETOX TEA

## A BLEND OF PURE HIMALAYAN HERBS FOR COMPLETE DETOXIFICATION

- Complete Detoxification without any side effects
- Best Anti-Aging Herbal Tea
- Prevents Heart Problems
- Reduces Bad Cholesterol, Improves Good Cholesterol
- Cleanses the liver naturally
- 100 % natural and free from caffeine, chemicals and artificial colors and tastes

## INGREDIENTS

Taruni, Arjuna, Bhumi Amla, Punarnava, Saunf, Bari Eliachi, Dalchini, Chhoti Eliachi



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Holistic Healing Through Herbs

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## SINGLE HERBAL CAPSULES

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# ALOE VITALS CAPSULES

## NATURE'S BEST SOURCE OF ENERGY AND HEALING PROPERTIES



- Aloe vera is a wonderful herb for skin disorders.
  - It helps nourish the skin and rejuvenate it.
  - It is rich in anti-oxidants and helps remove toxins from the body.
- Regular intake of Aloe vera juice helps reduce acid reflux.

### INGREDIENTS

Ghrit Kumari

### DOSAGE

1-2 capsules twice daily



# AMALAKI RASAYAN

## NATURE'S BEST SOURCE OF NATURAL VITAMIN C



- Reduces cholesterol and cholesterol- induced atherosclerosis (obstruction of the arteries).
- Fights chronic diseases like hypertension, diabetes, AIDS, influenza, chronic cough & cold.

- Regular Use improves immunity, fights cancers and rejuvenates the body.
- Best Anti-aging supplement to prevent wrinkles and pre-mature graying of hair.

## INGREDIENTS

Amla

## DOSAGE

1-2 capsules twice daily



# ARJUNA CAPSULES

## BEST HERBAL SUPPLEMENT FOR HEART PROBLEMS



- Very useful natural cure for Heart Problems.
- Helps in clearing away the blockage in the arteries.
- Useful in blocked coronary arteries, high cholesterol and congestive heart failure.
- Improves pumping activity of heart, improves cardiac muscle strength and decrease in LDL, TRIGLYCERIDES , VLDL cholesterol levels.
- Improves HDL Levels naturally.

## INGREDIENTS

Arjuna

## DOSAGE

1-2 capsules twice daily



# ASHWAGANDHA CAPSULES

## EFFECTIVE STRESS RELIEF HERBAL SUPPLEMENT



- Best Stress Buster even known.
- Useful in debilitating conditions, fatigue, stress, anxiety, palpitation, ageing and nervous breakdown.

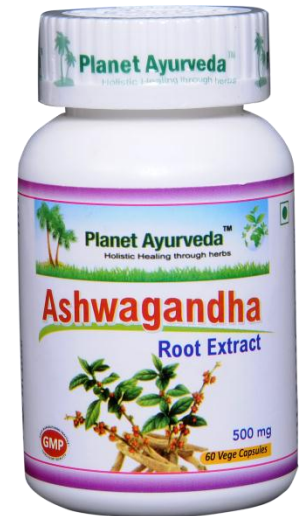
- Effectively acts as a nerve tonic, enhances physical as well as mental stamina.
- Brings the strength back to muscles, relieves the muscles and calm down the system.

### INGREDIENTS

Ashwagandha

### DOSAGE

1-2 capsules twice daily



# BRAHMI CAPSULES

## MOST EFFECTIVE MEMORY BOOSTING HERBAL SUPPLEMENT



- World famous for its memory enhancing properties.
- Increases the coordination in between brain neurons thus helps in improving short term as well as long term memory.

- Increases concentration, stamina and helps in mental fatigue.
- Also used in treatment of many other ailments like vertigo, anxiety, stress and blood pressure.

## INGREDIENTS

Brahmi

## DOSAGE

1-2 capsules twice daily



# CURCUMIN CAPSULES

## A COMPLETE HEALTH PACKAGE BY NATURE



- A natural herb that acts wonderfully over all type of Arthritis.
- Curcumin works very well on the skin disorders.
- It is a well known anti-aging supplement
- Curcumin acts best in cases of inflammations for all organs

➤ Nature's boon for patients suffering with Allergies of all types, Diabetes, Alzheimer's, Cancers, indigestion, IBS, diarrhea and dysentery and so on, list is endless.

## INGREDIENTS

Haridra

## DOSAGE

1-2 capsules twice daily





# INDIAN ECHINACEA

## NATURAL POWERFUL ANTI-VIRAL AND ANTI-BIOTIC



- A natural herb that works as a immune-stimulant and immune-booster.
  - Works well as an anti-parasitic.
  - Useful in common cold, gastritis, bowel disorders, and cancers.
- Echinacea is a cardio-protective and anti-thrombotic agent.

## INGREDIENTS

Kalmegh

## DOSAGE

1-2 capsules twice daily



# FENUGREEK CAPSULES

## EFFECTIVE SUPPLEMENT FOR BREAST FEEDING & DIABETIC FEMALES



- Used to increase milk supply by lactating mothers.
- It used to promote weight gain and stimulate breast growth in women.

- It is an effective herbal supplement for keeping sugar under control.
- Most frequently used by diabetics to control blood sugar especially in females.

### INGREDIENTS

Methi

### DOSAGE

1-2 capsules twice daily



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# GARCINIA CAPSULES

## NATURE'S MOST EFFECTIVE & SAFEST WEIGHT LOSS SUPPLEMENT



- Extensively researched for its role in reducing weight without any side effects.
- Does not alter hormones or does not cause loosening of the skin.
- Removes the stubborn deposits of cellulite from difficult areas like belly, hips and waist.

### INGREDIENTS

Garcinia cambogia

### DOSAGE

1-2 capsules twice daily



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# **GARLIC CAPSULES**

## **BEST SUPPLEMENT FOR HEALTHY LONG LIFE**



- A natural herb very helpful for cases of High Cholesterol and High Blood Pressure.
- It boosts Immunity naturally.
- Garlic Capsules are rich source of anti-viral and anti-bacterial properties.
- Very effective for Diabetic patients.
- Regular intake helps reduce the chances of Cancer.

## **INGREDIENTS**

**Garlic**

## **DOSAGE**

**1-2 capsules twice daily**



# GILOY CAPSULES

## BEST HERBAL SUPPLEMENT FOR SWINE FLU



- Giloy is a wonderful anti-pyretic.
- It has anti-inflammatory properties.
- It helps cases of infection.
- This Ayurvedic herb helps build strong immune system.

### INGREDIENTS

Guduchi

### DOSAGE

1-2 capsules twice daily





# GOTUKOLA CAPSULES

## BEST HERBAL REMEDY FOR ANXIETY, DEPRESSION AND MEMORY



- Useful in lack of concentration, low memory, exhaustion, stress, depression and anxiety.
- Improves circulation, causes alertness and helps in relaxation.
- Also used in the treatment of various skin diseases and varicose veins.

### INGREDIENTS

Gotu Kola

### DOSAGE

1-2 capsules twice daily





# GUGGUL CAPSULES

## EFFECTIVE HERBAL WEIGHT LOSS SUPPLEMENT



- Effective herbal weight loss supplement which helps to loose weight naturally.
  - Useful to remove stubborn fats deposited around waist, thighs and buttocks.
  - Reduces high cholesterol from the arteries thereby cleaning them.
- Also provides strength to the joints, nervous system and helps in fighting various degenerative, inflammatory and wear and tear conditions.

### INGREDIENTS

Guggul

### DOSAGE

1-2 capsules twice daily



# GYMNEMA SYLVESTRAE

## BEST HERBAL SUPPLEMENT FOR DIABETES & OBESITY



- Regarded as one of the plants with potent properties used for controlling obesity.
- Presence of Gymnemic acid results in low blood sugar level.

- Known to have a good effect for curbing of diabetes by blocking sugar binding sites.
- Increases secretion of insulin & causes inhibition of glucose absorption from intestine.

### INGREDIENTS

Gurmaar

### DOSAGE

1-2 capsules twice/ thrice daily



# KARELA CAPSULES

## BEST & EFFECTIVE DIABETES HERBAL SUPPLEMENT



- Quiet popular diabetes supplement in Asia for its role in diabetes.
- Improves blood sugar control in people with adult-onset (type 2) diabetes.

- Restores the imbalance created due to uncontrolled sugar and prevents complications of diabetes.
- Also prevents numerous infections leading to cancer and leukemia.

### INGREDIENTS

Karela (Bitter Melon)

### DOSAGE

1-2 capsules twice daily



# NEEM CAPSULES

## EFFECTIVE HERBAL SUPPLEMENT FOR SKIN PROBLEMS



- Best herbal remedy for Acne as well as helps to clear acne scars as it is nature's best blood purifier.
- Regular use cleans the skin and brings back the glow.

- Relieves itching and pain, while reducing the scale and redness of lesions in Psoriasis.
- Very effective herbal remedy for urticaria, eczema, eruptions and other skin problems.

### INGREDIENTS

Neem

### DOSAGE

1-2 capsules twice daily



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# PHYLLANTHUS NIRURI CAPSULES

**NATURAL STONE BREAKER AND HEPATO-PROTECTIVE**



- Herb for Urinary Calculi and Gallstones.
- Wonderful appetite stimulant.
- Helps in the proper functioning of Liver.

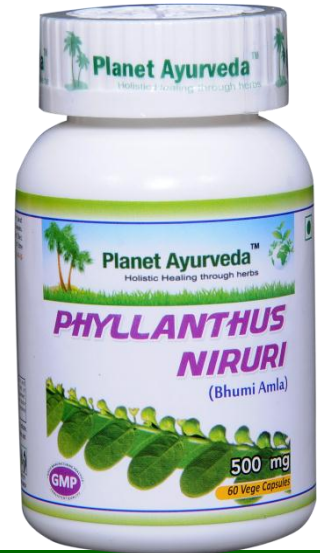
➤ The herb Phyllanthus niruri helps in cases of Hepatitis of all types.

## INGREDIENTS

Bhumi Amla  
( Chanca piedra )

## DOSAGE

1-2 capsules twice daily





# PUNARNAVA CAPSULES

## BEST TREATMENT OF WATER RETENTION AND EDEMA



- Best natural herb for maintenance of kidney functions.
- It is a rejuvenative and also used in impaired urinary function.
- Helps relieve water retention and aids in weight loss.
- It helps to promote healthy liver functioning.
- Punarnava is also useful in ascites, congestive heart failure and swelling due to arthritis.

## INGREDIENTS

Punarnava

## DOSAGE

1-2 capsules twice daily





# SHATAVARI CAPSULES

## BEST HERBAL SUPPLEMENT TO IMPROVE OVERALL FEMALE HEALTH



- Nature's best nourishing herb which is full of natural anti-oxidants and micronutrients.
- Effective in fatigue, anxiety, general weakness and restlessness in females.
- Useful in anemia, painful menstruation, uterine fibroids, ovarian cysts and irregular painful menstruation in females.

### INGREDIENTS

Shatavari

### DOSAGE

1-2 capsules twice daily



# SHILAJIT CAPSULES

**NATURE'S BEST ANTI-AGING, YOUTH RESTORING COMPOUND**



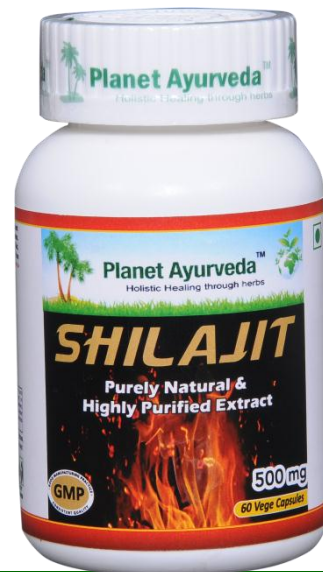
- Works best for weakness due to any reason.
- The best supplement for both men and women for healthy, graceful aging.
- Nature's best gift to mankind.
- Effective anti-aging and a powerful rejuvenator of body.
- High affinity for free radicals, thereby scavenges on them, halting the ageing process and restoring youthfulness.

## INGREDIENTS

Shilajeet

## DOSAGE

1-2 capsules twice daily



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# SPIRULINA CAPSULES

## NATURE'S POWERHOUSE WITH MANY HEALTH BENEFITS



- Boosts the immune system, energy levels and prevents aging.
  - Prevents heart damage caused by chemotherapy.
  - Reduces wear & tear in the body and maintains healthy cardiovascular functions.
- Spirulina is rich in natural proteins, vitamins, minerals, omega 6 fatty acids, chlorophyll and other phytonutrients.
- Really a complete food supplement and gives numerous health benefits.

## INGREDIENTS

Spirulina

## DOSAGE

1-2 capsules twice daily



# TRIBULUS POWER CAPSULES

**AN EFFECTIVE MALE SEX ENHANCEMENT – 100 % NATURAL**



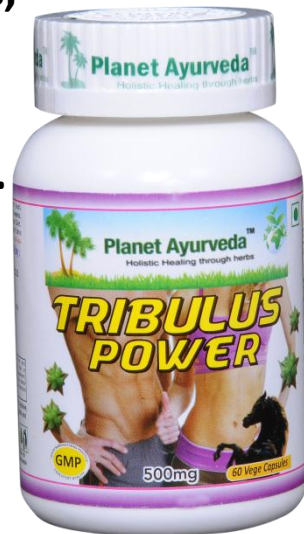
- Very popular in western world as “Alternative to Viagra”.
- Helps cure Erectile Dysfunction.
- Helps improve Testosterone Levels, Stamina and Strength.
- Improves Sexual desire.
- Increases Sperm Count and Improves Quality of Semen.
- Useful in Male Impotence, Infertility and PE.
- Also works as natural diuretic and eliminates toxins.

## INGREDIENTS

Gokshur (Tribulus terrestris)

## DOSAGE

1-2 capsules twice daily



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# TULSI CAPSULES

## EFFECTIVE HERBAL SUPPLEMENT FOR COLD AND LOW IMMUNITY



- Useful in respiratory tract infection due to effective antimicrobial properties.
- Ursolic acid present in Tulsi has anti-allergic properties.

➤ Useful in Cancers, Allergy, Auto-immune disorders, Diabetes, Skin allergies, Chronic Rhinitis and Chronic Sinusitis.

### INGREDIENTS

Tulsi (Holy Basil)

### DOSAGE

1-2 capsules twice daily





# VASAKA CAPSULES

## ELIXIR FOR LIFE



- Most popular herb used for chronic Cough and Cold.
- It works well in cases of Bronchitis.
- Ayurvedic physicians use this herb for tuberculosis.

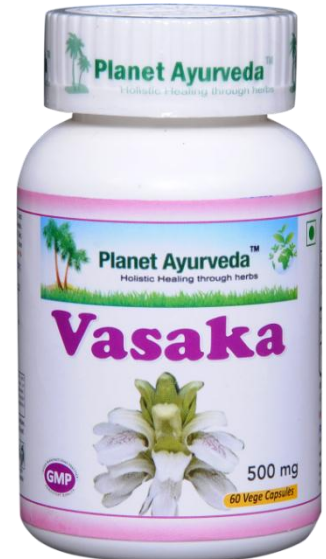
- Vasaka helps people with intestinal worms.
- The herb helps various skin diseases.

## INGREDIENTS

Vasaka

## DOSAGE

1-2 capsules twice daily





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# POLY HERBAL CAPSULES

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# ALLER-G CARE CAPSULES

**A VERY EFFECTIVE HERBAL SUPPLEMENT FOR ALLERGY**



**ALLERGY**

- Very effective in all types of Skin allergies and Respiratory allergies.
- Combination of natural herbs which are best anti-allergic and anti-inflammatory herbs.
- The herbs remove accumulated toxins and also relieve the entire physiologic system.

## **DOSAGE**

**1-2 capsules twice daily,  
after meals.**



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# INGREDIENTS OF ALLER-G CARE

S. No.	Indian Name	Latin Name	Quantity
1	Haridra	Curcuma longa std. ext.	150mg
2	Neem	Azadirachta indica std. ext.	150mg
3	Shrish	Albezzia lebbock std. ext	100mg
4	Ashwagandha	Withania somnifera std. ext.	100mg

# BONE SUPPORT CAPSULES

**STRONGER, HEALTHIER, STURDY BONES BY 100 %  
NATURAL FORMULA**

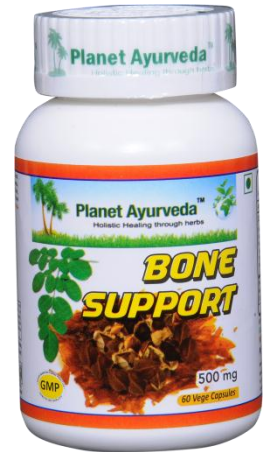


**HEALTHY BONE**

- Contains Cissus quadrangularis – potent herb to improve bone density and strength.
- Contains Pearl Calcium - Nature's best source of natural calcium.
- Heals the fractures quickly
- Stops Osteoporosis and enrich the bones with minerals

## DOSAGE

1-2 capsules twice daily, after meals.



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# INGREDIENTS OF BONE SUPPORT

S. No.	Indian Name	Latin Name	Quantity
1	Shudh Laksha	Laccifer lacca resin std. ext.	100 mg
2	Suhanjana Beej	Moringa oleifera seed std. ext.	50mg
3	Hadjod	Cissus quadrangular stem std. ext.	200mg
4	Arjun	Terminalia arjuna std. ext.	50mg
5	Praval Pishti	Corallium rubrum compound	50mg
6	Mukta	Pearl Calcium compound	50 mg

# BOSWELLIA+CURCUMIN CAPSULES

**EFFECTIVE COMBINATION OF ANTI - INFLAMMATORY HERBS**



**INFLAMMATION**

**DOSAGE**

**1-2 capsules twice daily**

- Very potent anti-inflammatory herbal combination.
- Helps to reduce the pain and swelling in joints.
- Reduces joint swelling and morning stiffness.
- Increases mobility and reduces arthritic pain



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# INGREDIENTS OF BOSWELLIA CURCUMIN

S. No.	Indian Name	Latin Name	Quantity
1	Shudh Laksha	Laccifer lacca resin std. ext.	100 mg
2	Suhanjana Beej	Moringa oleifera seed std. ext.	50mg
3	Hadjod	Cissus quadrangular stem std. ext.	200mg
4	Arjun	Terminalia arjuna std. ext.	50mg
5	Praval Pishti	Corallium rubrum compound	50mg
6	Mukta	Pearl Calcium compound	50mg

# BUSTONICA CAPSULES

**FOR BOUNCY AND WELL TONED BUST LINE**



**BUST ENLARGEMENT**

- Increases size of underdeveloped breasts naturally
- Restores normal bust line of feeding mothers
- Gives beautiful shape to sagging breasts
- 100% natural and does not cause any hormonal imbalance

## **DOSAGE**

**1-2 capsules twice daily, after meals.**



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## INGREDIENTS OF BUSTONICA CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1	Shallaki	<i>Boswellia serrata std. ext.</i>	250mg
2	Curcumin	<i>Curcuma longa std. ext.</i>	250mg

# CORAL CALCIUM COMPLEX CAPSULES

## RICH SOURCE OF CALCIUM FROM CORALS AND PEARLS



**CALCIUM**

- Nature's best formula to improve bone density and strength.
- Contains Pearl and Coral Calcium - Nature's best source of natural calcium.
- Helps fight Low Bone Density especially after menopause and elderly.

## DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# INGREDIENTS OF CORAL CALCIUM COMPLEX

S. No.	Indian Name	Latin Name	Quantity
1	Shallaki	(Coral) Compound	125mg
2	Curcumin	(Agate) Compound	125mg
3	Jawar Mohra Pishti	Compound	125mg
4	Kamdhudha Ras	Compound	125mg
5	Mukta Pishti	(Pearl) Compound	50mg
6	Giloy Satva (Guduchi)	<i>Tinospora cordifolia std. ext.</i>	125mg

# DAILY ESSENTIALS CAPSULES

**KEEPS YOU FIT FOR THE DAYS AHEAD!**



**FIT MAN**

- Rich in natural anti-oxidants to fight aging.
- Nature's best combination of immunity enhancing substances.
- Strongest blend for detoxification.
- Prevents wrinkles, premature graying of hair, indigestion and many illnesses.

## **DOSAGE**

**1-2 capsules, 1 hr. after meals, with plain water.**



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# INGREDIENTS OF DAILY ESSENTIALS

S. No.	Indian Name	Latin Name	Quantity
1	Grapeseed	Vitis vinifera std. ext.	200 mg
2	Cow Colostrum	Bovine colostrums std. ext.	200 mg
3	Bhumi Amla	Phyllanthus niruri std. ext.	50 mg
4	Green Tea	Camellia sinensis std. ext.	50 mg

# DIA BETA PLUS CAPSULES

UNIQUE & EFFECTIVE HERBAL SUPPLEMENT FOR DIABETES



CONTROL DIABETES

- Best herbal remedy for Diabetes.
- Helps to Rejuvenate overall health and bring back Stamina.
- Prevents fluctuations of Sugar levels.
- Prevents Diabetic Neuropathy and other complications.

## DOSAGE

1-2 capsules twice daily, with plain water, 30min. before meals.



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# INGREDIENTS OF DIA-BETA PLUS CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1	Saptarangi	Salacia chinensis std. ext.	50mg
2	Vizaysaar	Pterocarpus marsupium std. ext.	50mg
3	Gurmar	Gymnema sylvestrae std. ext.	150mg
4	Karela	Momordica charantia std. ext.	150 mg
5	Ashwagandha	Withania somnifera std. ext.	50 mg
6	Tulsi	Ocimum sanctum std. ext.	50mg

# DIA-FINITO CAPSULES

**FIGHTS THE DRAGON OF DIABETES NATURALLY**



**DIABETES**

- Works at molecular level to restore carbohydrate, protein and fat metabolism.
- Regulates the secretion of Insulin from pancreas for better sugar control.
- Prevents Diabetes complications like neuropathy, retinopathy, myopathy and nephropathy.

## **DOSAGE**

**1-2 capsules, 1 hr. after or before meals, with plain water twice daily**



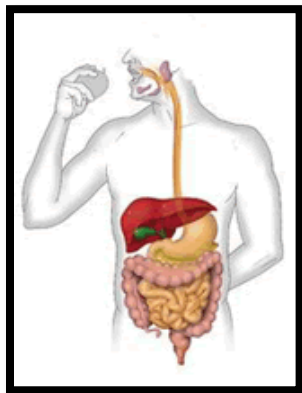
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# INGREDIENTS OF DIA-FINITO CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1	Saptrangi	Salacia reticulate std. ext.	300mg
2	Mamejiva	Enicostemma littorale std. ext.	170mg
3	Sonth	Zingiber officinale std. ext.	10mg
4	Kali Marich	Piper nigrum std. ext.	10 mg
5	Pipal	Piper longum std. ext.	10 mg

# DIGESTION SUPPORT CAPSULES

**EXCELLENT TO RESTORE DIGESTIVE HEALTH NATURALLY**

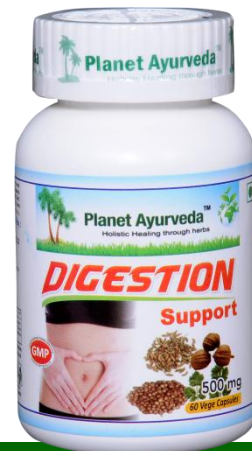


- Digestion Support is purely a herbal formulation without any chemicals added into it.
- Blend of unique herbs control Acidity, Flatulence and Gas.
- Stimulates liver, pancreas and intestines to secrete digestive juices timely.

**DIGESTIVE SYSTEM**

## DOSAGE

1-2 capsules twice daily in middle of meals with little water.



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# INGREDIENTS OF DIGESTION SUPPORT

S. No.	Indian Name	Latin Name	Quantity
1	Amla	<i>Emblica officinalis std. ext.</i>	100mg
2	Haritaki	<i>Terminalia chebula std. ext.</i>	100mg
3	Bahera	<i>Terminalia bellerica std. ext.</i>	100mg
4	Sounf	<i>Foeniculum vulgare std. ext.</i>	50 mg
5	Dhania	<i>Coriander sativum std. ext.</i>	50 mg
6	Pippali	<i>Piper longum std. ext.</i>	50 mg
7	Jeerak	<i>Cuminum cuminum std. ext.</i>	50 mg

# FEMALE HEALTH SUPPORT CAPSULES

## NATURE'S GIFT FOR FEMALES



**FIT WOMEN**

- Useful in female infertility
- Regulates menstrual cycles and relieves pain during menses
- Commonly used in excessive discharge (leucorrhoea) and excessive menstruation.
- Relieves pain during menstrual cycles
- Regulates hormonal imbalance

## DOSAGE

1-2 capsules twice daily after meals.



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## INGREDIENTS OF FEMALE HEALTH SUPPORT

S. No.	Indian Name	Latin Name	Quantity
1	Ashoka	Saraca indica std. ext.	200mg
2	Shatavari	Asparagus racemosus std. ext.	150mg
3	Lodhra	Symplocus racemosa std. ext.	150mg

# GREEN ESSENTIALS CAPSULES

## DAILY GREENS ON THE GO!



**ANTI AGING**

- Clears away heavy metals, toxins from the body.
- Prevents aging, fights illnesses, clears free radicals.
- Rich in natural Iron, B Complex vitamins, Vitamin C and natural anti-oxidants.
- Helps in healthy blood formation.
- Regulates hormonal imbalance

## DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



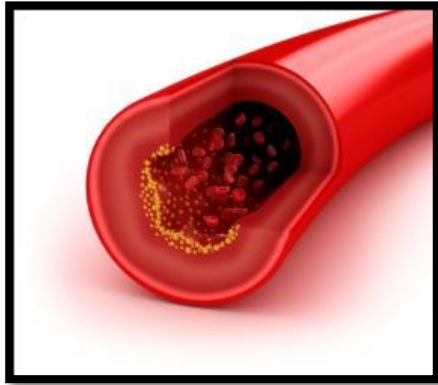
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# INGREDIENTS OF GREEN ESSENTIALS

S. No.	Indian Name	Latin Name	Quantity
1	Grape Seed	<i>Vitis vinifera std. ext.</i>	100mg
2	Wheat Grass	<i>Triticum aestivum std. ext.</i>	100mg
3	Spirulina	<i>Spirulina platensis std. ext.</i>	100mg
4	Alfa Alfa	<i>Medicago sativa std. ext.</i>	50mg
5	Green Tea	<i>Camellia sinensis std. ext.</i>	50mg
6	Amla	<i>Embellica officinalis std. ext.</i>	50mg
7	Chlorella	<i>Chlorella vulgaris std. ext.</i>	50mg

# GUGGULIPID CAPSULES

## EFFECTIVE HERBAL SUPPLEMENT IN LOWERING CHOLESTEROL



**CHOLESTEROL**

## DOSAGE

1 capsule once or twice daily

- Useful in lowering the cholesterol levels and reduces pain naturally.
- Benefit in preventing and treating atherosclerotic vascular disease (Heart disease).
- Also useful in Coronary Artery blockages, Venous Thrombosis and Inflamed Blood vessels (Vasculitis).
- Very useful anti inflammatory and pain relieving herb.





# INGREDIENTS OF GUGGULIPID CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1	Guggul Resin	<i>Commiphora mukul std. ext.</i>	300mg
2	Dalchini	<i>Cinnamomum zeylanica std. ext.</i>	50mg
3	Bhumi Amla	<i>Phyllanthusniruri std. ext.</i>	50mg
4	Sonth	<i>Gingiber officinale std. ext.</i>	33.33mg
5	Marich	<i>Piper nigrum std. ext.</i>	33.33mg
6	Pippali	<i>Piper longum std. ext.</i>	33.33mg

# HAIR GROWTH FORMULA CAPSULES

PROMOTES RICH HAIR GROWTH, HELPS THE RECEDING HAIR LINE



**CHOLESTEROL**

## DOSAGE

1-2 capsules twice daily

- Very effective in treating hair loss and the underlying conditions that cause hair loss.
- Improves circulation to the head/scalp.
- Helps to regenerate new hairs by bringing in new hair roots.
- Keeps testosterone & DHT levels under control, which are responsible for male pattern baldness.



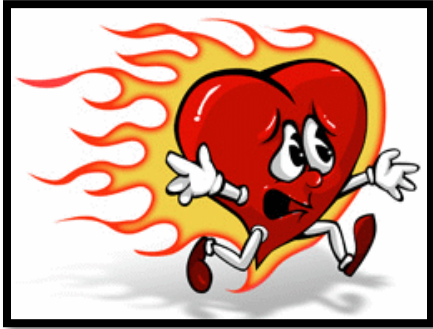
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# INGREDIENTS OF HAIR GROWTH FORMULA

S. No.	Indian Name	Latin Name	Quantity
1	Yashtimadhu	<i>Glycyrrhiza glabra std. ext.</i>	50mg
2	Ashwagandha	<i>Withania somnifera std. ext.</i>	50mg
3	Bhumi Amla	<i>Phyllanthus niruri std. ext.</i>	100mg
4	Bhringraj	<i>Eclipta alba std. ext.</i>	100mg
5	Amalaki	<i>Emblica officinalis std. ext.</i>	100mg
6	Brahmi	<i>Bacopa monnieri std. ext.</i>	100mg

# HEART BURN CAPSULES

## GUARANTEED RESULTS IN STUBBORN ACIDITY

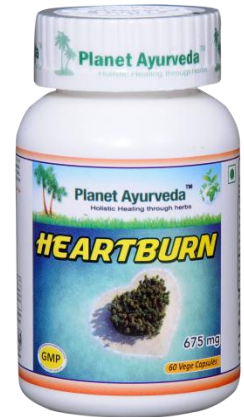


**HEART BURN**

- Natural combination for stubborn acidity and GERD.
- Neutralizes the acid within few minutes
- Natural cooling effects as it contains Pearls and Corals ( Purified).
- Age old combination used by Ayurvedic experts worldwide.

## DOSAGE

1-2 capsules, 1 hr. before meals, with plain water



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# INGREDIENTS OF HEART BURN CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1	Coral	<i>Parval pishti</i>	125 mg
2	Agate	<i>Akik Pishti</i>	125 mg
3	Coral	<i>Jawar Mohra Pishti</i>	125 mg
4	Coral	<i>Kamadhudha Ras</i>	125 mg
5	Pearl	<i>Mukta Pishti</i>	50 mg
6	Tinospora cordifolia	<i>Giloy</i>	125 mg

# IMMUNE BOOSTER CAPSULES



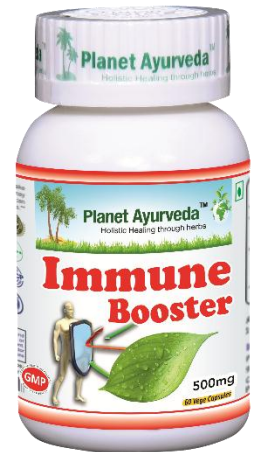
**IMMUNITY  
BOOSTER**

## NATURAL IMMUNE BOOSTER

- Builds long lasting immunity in children, elderly, females and adults
- Immunity wall for the whole family
- Protects against free radicals, aging, chemicals, pesticides, recurrent infections
- Cleanses the system of toxins

## DOSAGE

1-2 capsules, 1 hr. after meals, with plain water



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# INGREDIENTS OF IMMUNE BOOSTER CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1	Grape seed	<i>Vitis vinifera</i>	200mg
2	Cow colostrum	<i>Bovine colostrums</i>	200mg
3	Bhumi amla	<i>Phyllanthus niruhi</i>	50mg
4	Green tea	<i>camellia sinensis</i>	50mg
1	Grape seed	<i>Vitis vinifera</i>	200mg
2	Cow colostrum	<i>Bovine colostrums</i>	200mg



# JOINT AID PLUS CAPSULES

**NATURAL HERBAL BLEND TO FIGHT JOINT PAINS & INFLAMMATION**



**JOINT PAIN**

- Works quickly and excellent alternative to pain killers without any side effects.
- Purely natural product for all types of painful and inflammatory conditions.
- Osteoarthritis, Rheumatoid arthritis, Tonsillitis, Psoriatic Arthritis, Neck Pain, Back Pain, Knee and Shoulder Pain

## **DOSAGE**

**1-2 capsules twice to thrice daily depending upon severity of the condition.**



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# INGREDIENTS OF JOINT AID PLUS CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1.	Nirgundi	<i>Vitex negundo</i>	100 mg
2.	Shallaki	<i>Boswellia serrata</i>	150 mg
3.	Guggul	<i>Commiphora mukul</i>	150 mg
4.	Sonth	<i>Zingiber officinale</i>	50 mg
5.	Ashwagandha	<i>Withania somnifera</i>	50 mg

# LIVER DETOX FORMULA CAPSULES

EFFECTIVE SUPPLEMENT FOR NATURAL LIVER DETOXIFICATION

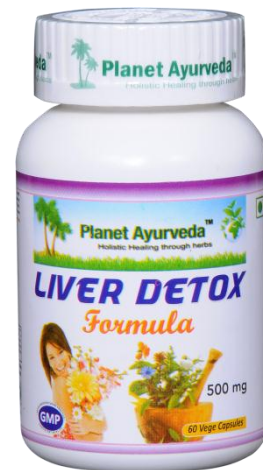


LIVER DETOX

- Digestion is improved leading to proper digestion and assimilation of nutrients and removal of toxins.
- Better sugar control and controlled levels of cholesterol achieved naturally.
- It helps filter the cancer producing toxins and eliminates most of the harmful drugs.

## DOSAGE

1-2 capsules twice daily



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# INGREDIENTS OF LIVER DETOX FORMULA

S. No.	Indian Name	Latin Name	Quantity
1	Kutki	<i>Picrorrhiza kurrao</i>	200 mg
2	Punarnava	<i>Boerrhavia diffusa</i>	100 mg
3	Kalmegh	<i>Andrographis paniculata</i>	50 mg
4	Makoy	<i>Solanum indicum</i>	25 mg
5	Kaasni	<i>Chicorium intybus</i>	25 mg
6	Biranjasipha	<i>Achillea millefolium</i> -yarrow	25 mg
7	Jhavuka	<i>Tamarix galluca</i>	25 mg
8	Himsra	<i>Capparis spinosa</i>	25 mg
9	Haritaki	<i>Terminalia chebula</i>	25 mg

# MALE SUPPORT FORMULA

EFFECTIVE HERBAL TONIC FOR SEXUAL WELL BEING



**SAXUAL HEALTH**

## DOSAGE

1 to 2 capsules twice daily

- Best herbal combination for Erectile Dysfunction, Sexual Weakness in men.
- Increases the male stamina and ejaculation time.
- Controls Premature Ejaculation and Low Sperm Count in men.
- Very much effective for men suffering with Chronic Fatigue Syndrome.



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# INGREDIENTS OF MALE SUPPORT FORMULA

S. No.	Indian Name	Latin Name	Quantity
1.	Ashwagandha	<i>Withania somnifera std.ext.</i>	200 mg
2.	Shilajit	<i>Black Bitumen std. ext.</i>	200 mg
3.	Gokshur	<i>Tribulus terrestris std. ext.</i>	100 mg

# MEMORY SUPPORT FORMULA

## BEST HERBAL SUPPLEMENT TO ENHANCE MEMORY



**MEMORY  
ENHANCEMENT**

### DOSAGE

1 to 2 capsules twice daily

- Best Herbal Supplement to increase Memory and to overcome stress & anxiety.
- One of the best natural sleep inducing & memory enhancing herbal combination.
- Herbs in Memory Support relieve mental stress, controls blood pressure and improves mind's ability.



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## INGREDIENTS OF MEMORY SUPPORT FORMULA

S. No.	Indian Name	Latin Name	Quantity
1	Brahmi	<i>Bacopa monnieri std. ext.</i>	150 mg
2	Vacha	<i>Acorus calamus std. ext.</i>	150 mg
3	Shankhpushpi	<i>Convolvulus pluricaulis std. ext.</i>	100 mg
4	Licorice	<i>Glycerrhiza glabra std. ext.</i>	100 mg

# PILE-OFF CAPSULES

**SHRINKS OFF THE BRISTLY PRICKLY CACTUS OF PILES**



**PILES**

- Pile – OFF shrinks off the Piles mass naturally.
- Relieves the pain, stinging feeling and inflammation.
- Helpful in both bleeding and non-bleeding types.
- Buries the demon of Piles naturally.
- Stops Bleeding      ➤ Shrinks Piles

## **DOSAGE**

1-2 capsules, 1 hr. after meals, with plain water.



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# INGREDIENTS OF PILE-OFF CAPSULE

S. No.	Indian Name	Latin Name	Quantity
1.	Haridra	<i>Curcuma longa std. ext.</i>	100 mg
2.	Trikatu	(Std. Ext. of Zingiber officinale, Piper longum & Piper nigrum)(all in equal qty. )	25 mg
3.	Sajji Kshaar	<i>Soda bi carb powder</i>	350 mg
4.	Nagkeshar	<i>Mesua fera std. ext.</i>	75 mg
5.	Chhoti Harar	<i>Terminalia chebula std. ext.</i>	100 mg

# PITTA BALANCE CAPSULES

## NATURAL BALANCER OF FIRE ELEMENT



**HEART BURN**

- Balances the fire element in the body.
- Useful in Blood Pressure.
- Unusual heat feeling in the body.
- Acidity / Heart burn.
- Burning feet and hands.
- Unexplained headaches.

## DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# INGREDIENTS OF PITTA BALANCE

S. No.	Indian Name	Latin Name	Quantity
1.	Parval Pishti	(Coral) Compound	125 mg
2.	Akik Pishti	(Agate) Compound	125 mg
3.	Jawar Mohra Pishti	Compound	125 mg
4.	Kamdhudha Ras	Compound	125 mg
5.	Mukta Pishti	(Pearl) Compound	50 mg
6.	Giloy Satva(Guduchi)	<i>Tinospora cordifolia std. ext.</i>	125 mg

# RADIANT SKIN HAIR NAILS CAPSULES

## FOR HEALTHY, RICH SKIN, HAIR AND NAILS



HEALTHY SKIN

- Clears Acne, Pimples, Blemishes, Dark Circles, Black spots, Age Spots, Freckles, Wrinkles and gives bouncy, youthful, smooth skin.
- Fights skin disorders like psoriasis, impetigo, lichen, ringworm, athlete's foot and so on.
- Nourishes and repairs broken, damaged hair.

## DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



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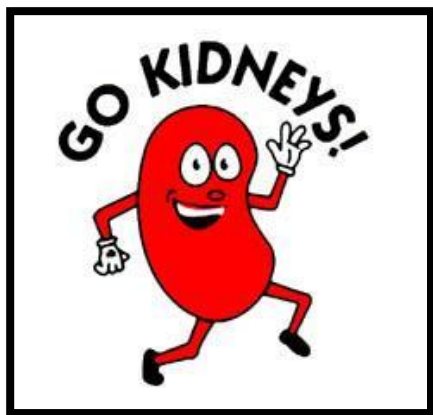
## INGREDIENTS OF RADIANT SKIN HAIR NAILS CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1.	Manjishtha	<i>Rubia cordifolia std. ext.</i>	200 mg
2.	Pitt Papda	<i>Fumaria officinalis std. ext.</i>	100 mg
3.	Chiretta	<i>Swertia chirata std. ext.</i>	100 mg
4.	Ghrit Kumari	<i>Aloe barbadensis std. ext.</i>	100 mg



# RENCURE FORMULA CAPSULES

## EFFECTIVE & NATURAL KIDNEY CARE SUPPLEMENT



**KIDNEY CARE**

- Best natural way to clear toxins from the body.
- Helps to reduce Urea and Creatinine level.
- It clears away the obstruction in the urinary tract and is also acts as anti-infective.
- An effective formulation for Kidney Failure Patients.

## INGREDIENTS

Punarnava, Varun, Gokshur,  
Palaash, Kaasni

## DOSAGE

1-2 capsules  
twice daily



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# INGREDIENTS OF RENCURE FORMULA

S. No.	Indian Name	Latin Name	Quantity
1.	Punarnava	<i>Boerrhavia diffusa std. ext.</i>	200 mg
2.	Varun	<i>Crataeva nurvala std. ext.</i>	100 mg
3.	Gokshur	<i>Tribulus terrestris std. ext.</i>	100 mg
4.	Palaash	<i>Butea monosperma std. ext.</i>	50mg
5.	Kaasni	<i>Chicorium intybus std. ext.</i>	50 mg

# RENCURE PLUS CAPSULES

## BEST KIDNEY CARE HERBAL SUPPLEMENT



**KIDNEY CARE**

- Rencure Plus is an advanced version of our another product – Rencure Formula.
- The product helps to improve performance of kidneys and help them to function in a better way, without putting any burden on them.
- It helps in other kidney diseases like kidney stones, urethral strictures, gout, natural diuretic and so on.

## DOSAGE

1-2 capsules twice to thrice daily



# INGREDIENTS OF RENCURE PLUS

S. No.	Indian Name	Latin Name	Quantity
1.	Bhumi amla	<i>Phyllanthus niruri std. ext.</i>	100 mg
2.	Mooli Satva	<i>Raphanus sativus std. ext.</i>	100 mg
3.	Revandchini	<i>Rheum emodi std. ext.</i>	100 mg
4.	Kalmegh	<i>Andrographis paniculata std. ext.</i>	100mg
5.	Chiraita	<i>Swertia chiretta std. ext.</i>	100 mg

# SLEEP NATURAL CAPSULES

**NATURAL SLEEP PROMOTER, NO SIDE EFFECTS!!!**



**INSOMNIA**

- Insomnia or sleeplessness has become very common in today's stressful world.
- The Sleep Naturals contain ingredients like Withania somnifera, which help to induce natural sleep.
- The herbal pills are 100 % natural and non-habit forming.

## **DOSAGE**

**2 capsules at night before sleep.**



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# INGREDIENTS OF SLEEP NATURAL

S. No.	Indian Name	Latin Name	Quantity
1	Ashwagandha	<i>Withania somnifera</i>	100 mg
2	Tagar	<i>Valeriana wallichii</i>	100 mg
3	Jatamansi	<i>Nordostachys jatamansi</i>	100 mg
4	Shankhpushpi	<i>Convolvulus pluricaulis</i>	75 mg
5	Brahmi	<i>Bacopa moneri</i>	50 mg
6	Vacha	<i>Acorus calamus</i>	50 mg
7	Sarpagandha	<i>Rauwolfia serpentina</i>	25 mg

# STRESS SUPPORT CAPSULES

**AN EFFECTIVE STRESS RELIEF FORMULA GIFTED BY NATURE**



**INSOMNIA**

## **DOSAGE**

1-2 capsules twice daily depending upon severity of the condition.

- A powerful combination to relieve stress without side effects or drowsiness.
- Contains adaptogenic herbs which adapt the mind to fight stress.
- Improves memory and mental concentration.



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## INGREDIENTS OF STRESS SUPPORT

S. No.	Indian Name	Latin Name	Quantity
1.	Ashwagandha	<i>Withania somnifera</i>	200 mg
2.	Tagar	<i>Valeriana wallichii</i>	200 mg
3.	Brahmi	<i>Bacopa monnieri</i>	100 mg

# TOTAL HEART SUPPORT

## HERBAL SUPPLEMENT FOR HEART CARE



**HEALTHY HEART**

- Very effective, safe and natural herbal supplement for Heart Care.
- Keeps Blood Pressure and Cholesterol under control.
- Gives strength to the heart and helps in cleansing of the arteries.
- Very useful in many heart ailments like Congestive heart failure, Angina and Myocardial infarction.

## DOSAGE

**1-2 capsules twice daily**



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## INGREDIENTS OF TOTAL HEART SUPPORT

S. No.	Indian Name	Latin Name	Quantity
1	Arjuna	<i>Terminalia arjuna</i>	200 mg
2	Ashwagandha	<i>Withania somnifera</i>	100 mg
3	Brahmi	<i>Bacopa monnieri</i>	100 mg
4	Shankhpushpi	<i>Convolvulus pluricaulis</i>	100 mg

# TRIM FORMULA

## QUICK & EFFECTIVE HERBAL REMEDY FOR WEIGHT LOSS



**WEIGHT LOSS**

- Unique combination of most effective herbs for reducing weight naturally.
- Helps reduce the fat and weight in a comfortable way.
- Product alone is sufficient to fight obesity and with quicker results.
- Herbs help to burn the fats in the body tissues quickly.

## DOSAGE

1-2 capsules twice daily



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## INGREDIENTS OF TRIM FORMULA

S. No.	Indian Name	Latin Name	Quantity
1	Vrikshamla	<i>Garcinia cambogia</i>	300 mg
2	Mustak	<i>Cyperus rotundus</i>	100 mg
3	Triphala	<i>The myrobalans</i>	100 mg

# TRIPHALA CAPSULES

## BEST REMEDY FOR NATURAL COLON CLEANSE



**COLON CLEANSE**

- Improve functioning of digestive system by clearing the blockage of channels.
- Helps improve digestion process and alleviate the symptoms of headache.
- Promotes overall healthy balance, both physically and psychologically.
- Helps treating inflammatory complications, liver problems, ulcers, constipation and diarrhea.

## DOSAGE

1-2 capsules twice daily



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# INGREDIENTS OF TRIPHALA CAPSULES

S. No.	Indian Name	Latin Name	Quantity
1	Haritaki	<i>Terminalia chebula</i>	166.66 mg
2	Bhibhitaki	<i>Terminalia bellerica</i>	166.66 mg
3	Amalaki	<i>Emblica officinalis</i>	166.66 mg

# WEIGHT GAIN FORMULA

EFFECTIVE FOR GAINING WEIGHT NATURALLY

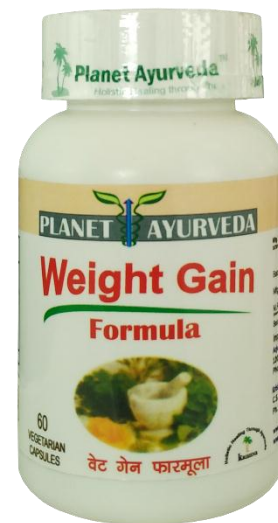


**WEIGHT GAIN**

- Regulates body metabolism and helps to gain body weight in a very natural way.
- Improves muscle tone, muscle weight & size and converts excessive fats into muscles.
- Improves health, stamina and vigor of a person.

## DOSAGE

1-2 capsules twice daily



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# INGREDIENTS OF WEIGHT GAIN FORMULA

S. No.	Indian Name	Latin Name	Quantity
1	Ashwagandha	<i>Withania somnifera</i>	200 mg
2	Vidang	<i>Embelia ribes</i>	50 mg
3	Haritaki	<i>Terminalia chebula</i>	50 mg
4	Bhibhitak	<i>Terminalia bellerica</i>	50 mg
5	Amalaki	<i>Emblica officinalis</i>	50 mg
6	Saunf	<i>Foeniculum vulgare</i>	50 mg
7	Pippali	<i>Piper longum</i>	25 mg
8	Zeerak	<i>Cuminum cyminum</i>	25 mg

# YOUTH RESTORA

NATURE'S GIFT FOR STAYING YOUNG & FIT



**PREVENT  
PREMATURE AGING**

- Fights aging phenomenon.
- Helps to maintain youthful state of body.
- Prevents Premature aging, Premature graying of hair, Stops Hair loss.
- Clears away the wrinkles.
- Improves natural immunity.

## DOSAGE

1-2 capsules twice daily, 1 hr. after meals, with plain water



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## INGREDIENTS OF YOUTH RESTORA

S. No.	Indian Name	Latin Name	Quantity
1	Bhumi Amla	<i>Phyllanthus niruri</i>	50mg
2	Grape Seed	<i>Vitis vinifera</i>	200mg
3	Green Tea	<i>Camellia sinensis</i>	50mg
4	Cow Colostrum	<i>Bovine colostrums</i>	200mg

# Planet Ayurveda<sup>TM</sup>

Holistic Healing Through Herbs

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## HERBAL POWDER FORMULATIONS

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# AAMVATANTAK CHURNA

## HERBAL FORMULA FOR RHEUMATOID ARTHRITIS AND PAINFUL JOINTS



- Unique herbal combination for arthritis as best anti-inflammatory and detoxifying herbs.
- Effective alternative remedy for crippling Rheumatoid arthritis and joint pains.
- Reduces inflammation, swelling and joint pains.

## DOSAGE

1/2 to 1 teaspoonful twice daily, after meals with plain water Kumari Saar (Aloe Vera juice)



# INGREDIENTS OF AAMVATANTAK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Ashwagandha	<i>Withania somnifera</i>	40 gm
2	Haridra	<i>Curcuma longa</i>	15 gm
3	Methi	<i>Trigonella foenum graecum</i>	15 gm
4	Surnajan	<i>Colchicum autumnale</i>	15 gm
5	Gorakhmundi	<i>Sphaeranthus indicus</i>	10 gm
6	Sonth	<i>Zingiber officianle</i>	05 gm

# GUM CARE POWDER

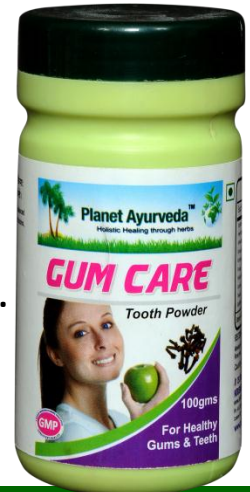
## EXCELLENT HERBAL FORMULA FOR GUM CARE



- Based on an excellent herbal formula, called “Dasham Sanskar Churna” treats tooth and gum problems.
- Brightens tooth luster and make for a healthier mouth.
- Prevents tooth decay.

## DIRECTIONS FOR USE:

It is recommended to use Gum Care Powder once or twice daily as oral rinse and dentifrice to cleanse and refresh gums. It can also be used instead of toothpaste.



# INGREDIENTS OF GUM CARE POWDER

S. No.	Indian Name	Latin Name	Quantity
1	Sonthe	<i>Zingiber officinale</i>	1 part
2	Haritaki	<i>Terminalia chebula</i>	1 part
3	Mustak	<i>Cyprus rotundus</i>	1 part
4	Khadir	<i>Acacia catechu</i>	1 part
5	Karpur	<i>Cinnamomum camphora</i>	1 part
6	Poog	<i>Areca catechu</i>	1 part
7	Marich	<i>Piper nigrum</i>	1 part
8	Lavang	<i>Syzygium aromaticum</i>	1 part
9	Twak	<i>Cinnamomum zeylancia</i>	1 part
10	Safatika	<i>Alum</i>	9 part



# HAKAM CHURNA

## RESTORES FLEXIBILITY NATURALLY



- This combination has great worth in Ayurvedic practice as Anti-spasmodic.
- Hakam Churna has an ability to retrieve the normal digestion thereby putting a stop to Vata disturbance.
- Very useful in Painful Joints, Stiff Joints, Morning Stiffness, Back ache.

➤ Best natural supplement for Rheumatoid Arthritis, Osteoarthritis, Cervical Spondylitis and other inflammatory painful conditions.

## HOW TO USE

Take 3-5 gm of powder with hot water twice daily



# INGREDIENTS OF HAKAM CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Chandershoor	<i>Lepidium sativum</i>	25 gm
2	Kalonji	<i>Nigella sativaa</i>	25 gm
3	Methi	<i>Trigonella foenum graecum</i>	25 gm
4	Ajwain	<i>Trachyspermum ammi</i>	25 gm

# KAAS-HAR CHURNA

**VERY EFFECTIVE HERBAL REMEDY FOR COUGH & COLD**



- Effective herbal remedy for the treatment of cough.
- Acts as a bronchodilator, decongestant and expectorant.
- Helps in removing extra mucus from the respiratory tract.

## DOSAGE

**1 to 2 teaspoonfuls twice or thrice a day mixed with honey**



# INGREDIENTS OF KASS-HAR CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Mishri	<i>Crystallized Sugar Lumps</i>	16 part
2	Vanshlochan	<i>Bambusa arudinacea</i>	8 part
3	Pippali	<i>Piper longum</i>	4 part
4	Ela	<i>Eletteria cardamomum</i>	2 part
5	Dalchini	<i>Cinnamomum zeylanica</i>	1 part

# MADATYAHAR CHURNA

## BEST NATURAL HANGOVER SUPPORT FORMULA



- Good to prevent hangover if consumed with alcohol.
- An effective traditional anti-hangover remedy.
- Also helps in chronic alcoholism.
- Prevents Liver Damage due to alcohol consumption, if used with our another preparation “Yakrit Plihantak Churna”.

### DOSAGE

1-2 teaspoonful twice daily, with water or iced tea or flavoured juice, after meals.



# INGREDIENTS OF MADATYAHAR CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Sovarchal	<i>Anunquasodii chloridum</i>	1 part
2	Shwet Jeerak	<i>Cuminum cyminum</i>	1 part
3	Vrikshamal	<i>Garcinia indica</i>	1 part
4	Amalvetas	<i>Garcinia pedunculata</i>	1 part
5	Twak	<i>Cinnamon zeylanicum</i>	½ part
6	Ela	<i>Elettaria cardamomum</i>	½ part
7	Marich	<i>Piper nigrum</i>	½ part
8	Sugar	<i>Sharkara</i>	1 part

# MEDHYA CHURNA

## EXCELLENT HERBAL COMBINATION OF MEMORY BOOSTING HERBS



- Best supplement to improve memory, recollect things, Concentration and retain better.
- It works miraculously to relieve stress and anxiety.
- These natural herbs are known to rejuvenate the nervous system.

## DOSAGE

1 pinch of powder twice daily or 1 gram twice daily.



# INGREDIENTS OF MEDHYA CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Vacha	<i>Acorus calamus</i>	Roots
2	Ashwagandha	<i>Withania somnifera</i>	Roots
3	Ajmoda	<i>Carum roxburghianum</i>	Seeds
4	Shwet Jeerak	<i>Cuminum cyminum</i>	Seeds
5	Krishna Jeerak	<i>Carum carvi</i>	Seeds
6	Sonth	<i>Zingiber officinale</i>	Rhizome
7	Marich	<i>Piper nigrum</i>	Fruits
8	Pipali	<i>Piper longum</i>	Fruits
9	Patha	<i>Cissampelos pareira</i>	Whole
10	Shankhpushpi	<i>Convolvulus pluricaulis</i>	Whole
11	Brahmi	<i>Bacopa monneiri</i>	Whole



# NATURAL GLOW POWDER

## HERBAL FACE PACK FOR BEAUTIFUL & FLAWLESS HEALTHY GLOWING SKIN



- Contains 100% Natural ingredients like Fuller's mud, Orange Peel and others.
- Freedom from Pimples and Acne forever.
- Best herbal blend that can be used as a Face Pack or Face Scrub.
- Promotes Healthy Glowing Skin.

### HOW TO USE

Use as a other face pack or face scrub.



# INGREDIENTS OF NATURAL GLOW POWDER

S. No.	Indian Name	Latin Name	Quantity
1	Chandan	<i>Pterocarpus satalinus</i>	50
2	Multani Mitti	<i>Fuller's mud</i>	20
3	Haridra	<i>Curcuma longa</i>	10
4	Cucumber Seeds	<i>Cucumis sativus</i>	10

# PRADARANTAK CHURNA

## EFFECTIVE HERBAL FORMULA FOR FEMALE HEALTH



- Useful for Leucorrhea, Excessive Bleeding and PMS.
- Effective in painful menstruation and irregular menses and leucorrhoea.
- Excellent natural formula for Uterine Fibroids and Dysfunctional Uterine Bleeding.
- Regular use leads to leads to reduction in Irritability, Heaviness in Breasts, painful legs, fatigue and lethargy .

## HOW TO USE

1-2 teaspoonful twice daily, with water or iced tea or flavored juice, after meals



# INGREDIENTS OF PRADARANTAK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Lodhra	<i>Symplocus racemosa</i>	25 gm
2	Ashok	<i>Saraca indica</i>	25 gm
3	Udumbur	<i>Ficus glomerata</i>	25 gm
4	Arjuna	<i>Terminalia arjuna</i>	25 gm

# VARA CHURNA

## EFFECTIVE HERBAL SUPPLEMENT FOR COLON CLEANSE



- Best herbal remedy for constipation and an effective colon cleanse formula.
- Gives nutrition to the whole body and eliminates the toxins from within the body.
- Does not cause purgation and also strengthens the intestines.
- Also corrects the liver metabolism in the liver and helps the body in removing fat deposits.

## HOW TO USE

1-2 teaspoonful twice daily, after meals with plain or luke warm water



# INGREDIENTS OF VARA CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Pathya	<i>Terminalia chebula</i>	33.33%
2	Dhatri	<i>Emblica officinalis</i>	33.33%
3	Bhibhitaki	<i>Terminalia bellerica</i>	33.33%

# VATSAKADI CHURNA

## STRENGTHENS DIGESTIVE SYSTEM NATURALLY



- Effective herbal supplement for Irritable Bowel Syndrome 'IBS' and Gastritis.
- Nature's best herbs to check Diarrhea, Gas formation and Irregular Bowel Movements.
- Contains 'Kutza' and other effective herbs for digestive system.
- Useful if Crohn's Disease, Ulcerative colitis, fermentation and abdominal discomfort.

## HOW TO USE

1-2 teaspoonful with plain water after meal



# INGREDIENTS OF VATSAKADI CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Kutaz	<i>Holarrhena antidysentrica</i>	20 gm
2	Bilva	<i>Aegle marmelos</i>	15 gm
3	Saunf	<i>Foeniculum vulgare</i>	15 gm
4	Dhania	<i>Coriander sativum</i>	10 gm
5	Nagarmotha	<i>Cyprus rotundus</i>	10 gm
6	Anar	<i>Punica granatum</i>	10 gm
7	Choti Elaichi	<i>Eletteria cardomum</i>	10 gm
8	Jaiphal	<i>Myristica fragrans</i>	10 gm



# ATIRASADI CHURNA

## POTENT HERBAL FORMULA FOR ALL MALE SEX HEALTH CONCERNS



- Potent combination of rejuvenating herbs used for stamina, strength, sex problem, erectile dysfunction and premature ejaculation in males.
- Increases sperm count very quickly and useful in male infertility.
- Very useful to improve semen quantity and quality.

## DOSAGE

1-2 teaspoonfuls twice daily, with plain water after meals.



# INGREDIENTS OF ATRASADI CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Safed Musli	<i>Musli</i>	30 gm
2	Kali Musli	<i>Black Musale</i>	20 gm
3	Semal Musli	<i>Silk Cotton Tree</i>	20 gm
4	Gokshur	<i>Puncture twine</i>	20 gm
5	Shatavari	<i>Asparagus</i>	20 gm
6	Ashwagandha	<i>Winter cherry</i>	20 gm
7	Akarakarabha	<i>Pellitory</i>	20 gm
8	Vidari Kand	<i>Hawaiin Baby Woodrose</i>	10 gm
9	Varahi Kand	<i>Wild Yam</i>	10 gm
10	Safed Behmen	<i>Centaurea</i>	10 gm
11	Jaiphal/Javitri	<i>Nutmeg/Mace</i>	10 gm
12	Talmakhana	<i>Hygrophila</i>	05 gm
13	Kesar	<i>Saffron</i>	05 gm

# MADHUMEHANTAK CHURNA

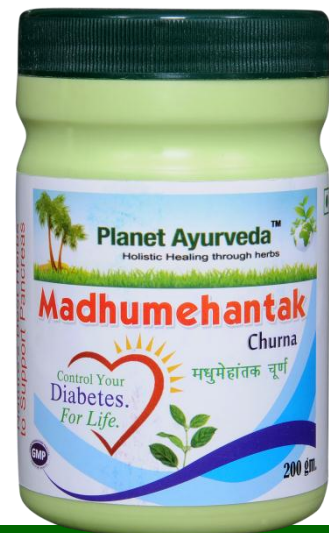
## POTENT HERBAL FORMULATION FOR DIABETES



- Most effective herbal combination for diabetes and its complications.
- Herbs also provide general strength to the body.
- Herbs act together in a synergistic manner and effective in lowering the blood sugar levels naturally.

### DOSAGE

1 to 2 teaspoonful twice daily, 1/2 hour before meals, with plain water.



# INGREDIENTS OF MADHUMEHANTAK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Saptrangi	<i>Salacia chinensis</i>	30 gm
2	Vizaysaar	<i>Pterocarpus marsupium</i>	30 gm
3	Bilva Patra	<i>Aegle marmelos</i>	20 gm
4	Gurmaar	<i>Gymnema sylvestrae</i>	20 gm
5	Darulhadi	<i>Berberis aristata</i>	20 gm
6	Neem Patra	<i>Azadirachta indica</i>	20 gm
7	Methi	<i>Trigonella foenum-graecum</i>	10 gm
8	Jamun	<i>Syzygium cumini</i>	10 gm
9	Karela	<i>Momordica charantia</i>	10 gm
10	Tulsi	<i>Ocimum sanctum</i>	10 gm
11	Sadabahar	<i>Echinocera rosea</i>	10 gm
12	Babool	<i>Acacia arabica</i>	10 gm

# MUTRAKRICHANTAK CHURNA

## EFFECTIVE HERBAL FORMULA FOR CHRONIC KIDNEY FAILURE



- Wonderful herbal formula for chronic kidney failure patients.
- Useful in kidney stones, urinary tract infections, high uric acid, high urea and creatinine levels.
- Useful to lower down increased urea and creatinine levels.

### DOSAGE

1 to 2 teaspoonful twice daily, 1/2



# INGREDIENTS OF MUTRAKRICHANTAK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Varun	<i>Crateva nurvala</i>	30 gm
2	Punarnava	<i>Boerhavia diffusa</i>	30 gm
3	Gokshur	<i>Tribulus terrestris</i>	30 gm
4	Kaasni	<i>Chicorium intybus</i>	30 gm
5	Bhumi Amla	<i>Phyllanthus niruri</i>	20 gm
6	Shirish	<i>Albezzia lebbok</i>	20 gm
7	Shigru	<i>Moringa oleifera</i>	20 gm
8	Apamarg	<i>Achyranthes aspera</i>	10 gm

# NAVKARSHIK CHURNA

## BEST EFFECTIVE HERBAL FORMULA FOR GOUT & INFLAMED JOINTS



- Anti-gout herbal formula providing quick relief and also works at the root level of the disease.
- Helps in cleansing the blood, breaking uric acid crystals and clearing them away.
- Herbs lowers down Uric Acid naturally.

### DOSAGE

1/2 to 1 teaspoonful twice daily, with plain water or fruit juice, after meals



# INGREDIENTS OF NAVKARSHIK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Varun	<i>Crateva nurvala</i>	22.22 gm
2	Punarnava	<i>Boerhavia diffusa</i>	22.22 gm
3	Gokshur	<i>Tribulus terrestris</i>	22.22 gm
4	Kaasni	<i>Chicorium intybus</i>	22.22 gm
5	Bhumi Amla	<i>Phyllanthus niruri</i>	22.22 gm
6	Shirish	<i>Albezzia lebbok</i>	22.22 gm
7	Shigru	<i>Moringa oleifera</i>	22.22 gm
8	Apamarg	<i>Achyranthes aspera</i>	22.22 gm



# NARI KALYAN CHURNA

**IMPROVES VITALITY, ENERGY AND MOOD NATURALLY –  
BEST HERBAL SOLUTION FOR MENOPAUSE**



- Best herbal supplement for Menopausal phase.
  - Useful for General weakness, Stress, Anxiety and Blood Pressure in Females.
  - Relaxes tensed mind and improves memory in females.
  - It is a must for Young girls & females having lack of nutrition.
- Best herbal solution for Low Bone Density in females.

## HOW TO USE

1 tablespoonful twice daily ( 5 grams twice daily), with warm water or milk



# INGREDIENTS OF NARI KALYAN CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Ashwagandha	<i>Withania somnifera</i>	70 gm
2	Shatavari	<i>Asparagus racemosus</i>	70 gm
3	Brahmi	<i>Bacopa monnieri</i>	40 gm
4	Jatamansi	<i>Nardostachys jatamansi</i>	20 gm

# PRAANRAKSHAK CHURNA

## MOST EFFECTIVE ANTI-ALLERGIC HERBAL FORMULATION



- Effective in chronic allergies and various respiratory tract infections.
- Very effective in treating acute and chronic Asthmatic attacks.

- Useful in common cough, bleeding while coughing and also heals the inflamed respiratory tract.

## HOW TO USE

1-2 teaspoonful thrice, with plain water after meals



# INGREDIENTS OF PRAANRAKSHAK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Shirish	<i>Albezzia lebbock</i>	40 gm
2	Kantkari	<i>Solanum xanthocarpum</i>	40 gm
3	Vaasa	<i>Adhatoda vasica</i>	40 gm
4	Anantmool	<i>Tylophora asthmatica</i>	40 gm
5	Dalchini	<i>Cinnamomum zeylanica</i>	20 gm
6	Bharangi	<i>Clerodandrum serratum</i>	10 gm
7	Mulethi	<i>Glycerrhiza glabra</i>	10 gm

# STHOLYANTANK CHURNA

## EFFECTIVE WEIGHT LOSS HERBAL FORMULATION



- Unique blend of various rare weight-loss herbs.
- Herbs act in a synergistic manner to help body get rid of extra fat.
- Used in conditions where the metabolism is sluggish such as hypothyroidism.

### DOSAGE

1 tablespoonful twice daily, after meals with plain water or along with Kumari Saar [Aloe Vera Juice]



# INGREDIENTS OF STHOLYANTANK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Mustak	<i>Cyprus rotundus</i>	20 gm
2	Chirbilva	<i>Haloptela integrifolia</i>	20 gm
3	Balbach	<i>Iris ensata</i>	20 gm
4	Babool	<i>Acacia arabica</i>	20 gm
5	Ashok	<i>Saraca indica</i>	20 gm
6	Triphala	<i>Myrobalans</i>	20 gm
7	Arjuna	<i>Terminalia arjuna</i>	15 gm
8	Jamun	<i>Syzigium cumini</i>	15 gm
9	Vidang	<i>Embelia ribes</i>	10 gm
10	Chitrak	<i>Plumbago zeylanica</i>	10 gm
11	Kalmegh	<i>Andrographis paniculata</i>	10 gm
12	Dalchini	<i>Cinnamomum zeylanica</i>	10 gm
13	Sonth	<i>Zingiber officinalis</i>	10 gm

# YAKRIT PLIHANTAK CHURNA

## IMPROVES LIVER FUNCTION NATURALLY



- Helps the liver in clearing away the toxins.
- Removes excessive fat from the liver and helps in regeneration of the damaged liver cells.
- Increases the bile production and excretion from liver.
- Useful herbal remedy for fatty liver and liver cirrhosis, jaundice, liver damage due to alcohol, toxins and infections.

## DOSAGE

1/2 to 1 teaspoonful twice daily, with plain water or fruit juice, after meals



# INGREDIENTS OF YAKRIT PLIHANTAK CHURNA

S. No.	Indian Name	Latin Name	Quantity
1	Bhumi Amla	<i>Phyllanthus niruri</i>	60 gm
2	Kalmegh	<i>Andrographis paniculata</i>	20 gm
3	Bhringraj	<i>Eclipta alba</i>	20 gm
4	Sharpunkha	<i>Tephrosia purpurea</i>	20 gm
5	Kaasni	<i>Cichorium intybus</i>	20 gm
6	Katuki	<i>Picrorrhiza kurrao</i>	20 gm
7	Makoy	<i>Solanum indicum</i>	20 gm
8	Punarnava	<i>Boerhavia diffusa</i>	20 gm



# Planet Ayurveda<sup>TM</sup>

## Holistic Healing Through Herbs

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# PURE HERBAL JUICES

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# AMLA SAAR

## WORLD'S RICHEST SOURCE OF NATURAL VITAMIN-C



- Clears Free Radicals.
- Improves Skin Texture.
- Improves immunity naturally.
- Natural Strength and Stamina Promoter.

➤ Fights chronic diseases like Hypertension, High Cholesterol, Diabetes, AIDS, Influenza, Chronic Cough & Cold, Chronic Infections, Chronic Fatigue and Chronic Inflammatory conditions.

## INGREDIENTS

Amla

## DOSAGE

20-30 ml twice daily, empty stomach  
( 6 Am & 6 PM) with equal water



# ARJUN SAAR

## HERBAL JUICE FOR HEART CARE



- Herbal Juice for Heart Care, High Cholesterol and Blood Pressure.
- Tones up and strengthens heart muscle and arterial system.
- Useful in heart problems like Coronary Artery Disease, High Triglycerides, Congestive Heart Failure.

## INGREDIENTS

Arjuna

## DOSAGE

20-30 ml twice daily, empty stomach  
( 6 Am & 6 PM) with equal water



# KARELA SAAR

## PURE BITTER GOURD + AMLA JUICE FOR DIABETES



- Contains pure organically grown bitter gourds mixed with fresh Amla fruits.
- Provides vitamins and minerals needed by our body for metabolism and assimilation of Sugar in our body.
- Effectively used as antipyretic tonic, appetizer, stomachic and laxative.
- Regular use prevents many complications such as hypertension, eye complications, neuritis and defective metabolism of carbohydrates.

## INGREDIENTS

Karela, Amla

## DOSAGE

20-30 ml twice daily, empty stomach  
( 6 Am & 6 PM) with equal water



# KUMARI SAAR

**100% PURE AND EFFECTIVE ALOE VERA JUICE**



- Contains Lipases and Proteases which break down foods and aids digestion.
- Best quality Aloe Vera Juice in world without even a single drop of water.
- Clears the toxins from system.
- Clears the Skin.
- Full of Nutrients.

## INGREDIENTS

Aloe vera

## DOSAGE

20-30 ml twice daily, empty stomach  
( 6 Am & 6 PM) with equal water





# Planet Ayurveda™

## Holistic Healing Through Herbs

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# HERBAL JAM

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# BRAHMI CHAWYANPRASH

## A HERBAL JAM FOR REJUVENATION OF MIND AND BODY



- Useful in preventing ageing and damage due to blood pressure.
- Meets the body's and mind's requirements of nutrition and energy.

➤ Very effective mental tonic and relieves anxiety & stress.

### DOSAGE

2-3 teaspoonfuls twice daily, with or without milk any time.



# INGREDIENTS OF BRAHMI CHAWYANPRASH

S. No.	Indian Name	English Name	Quantity
1	Brahmi	Bacoppa	0.80 gms
2	Dashmool	Ten Herb roots	0.80 gms
3	Bala	Country Mallow	0.80 gms
4	Ashwagandha	Indian Ginseng	0.80 gms
5	Bhumi Amla	Phyllanthus	0.80 gms
6	Shatavari	Asparagus	0.80 gms
7	Nagarmotha	Nutgrass	0.80 gms
8	Jeevanti	Lreticulata	0.80 gms
9	Punarnava	Hogweed	0.80 gms
10	Jeerak	Cumin	0.80 gms
11	Rishbak	-	0.80 gms
12	Vasaka	A Vasica	0.80 gms
13	Bidraikand	Pueraria tuberosa	0.75 gms



# INGREDIENTS OF BRAHMI CHAWYANPRASH

S. No.	Indian Name	English Name	Quantity
14	Fresh green amla	-	0.75 gms
15	chandan	P. Santalinus	0.75 gms
16	Ilaichi choti	Cardamom	0.75 gms
17	Agar	Aquilaria agallocha	3 gm
18	Karchur	Cureuma zedoaria	3 gm
19	Ghrit	Ghee	3 gm
20	Rajat bhasma	Calcined Silver	3 gm
21	Akarkara	Pellitory	0.05 gms
22	Pillapi	Piper longum	0.05 gms
23	Naagkesar	Mesua fera	0.05 gms
24	Daalchini	Cinnamon Bark	0.05 gms
25	Tej patra	Cinnamon Leaves	0.05 gms
26	Lavang	Cloves	0.05 gms

# INGREDIENTS OF BRAHMI CHAWYANPRASH

S. No.	Indian Name	English Name	Quantity
27	Kesar	<i>Saffron</i>	0.75 gms
28	Sharkara	<i>Sugar</i>	5 gms

# Planet Ayurveda™

Holistic Healing Through Herbs

## CLASSICAL AYURVEDIC VATIS (TABLETS)



# AGNITUNDI VATI

## HERBAL PILLS FOR ABDOMINAL PAIN



- Excellent herbal remedy for weak intestines and gas formation.
- Improves digestion, intestinal movement and secretions.
- Used to relieve Intestinal colic, Renal colic and all types of Abdominal colics.

### INGREDIENTS

Triphala, Cumin, 5 salts, Ginger, Plumbago, Piper longum, Piper nigrum, Embella ribes.

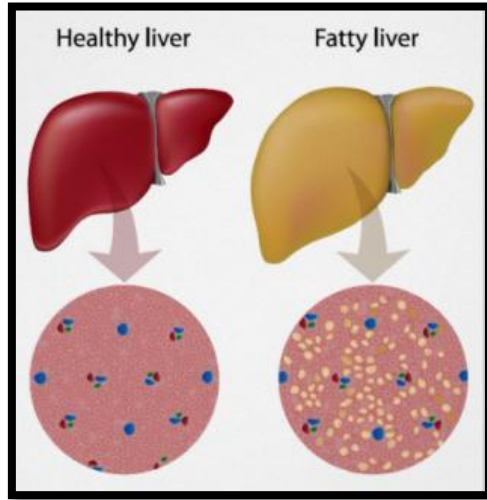
### DOSAGE

For Adult- 1-2 tablets twice daily. For Children- It should be 1 tablet twice daily.



# AROGAYAVARDHNI VATI

## EFFECTIVE HERBAL FORMULA FOR FATTY LIVER



- Best herbal formulation for removing the toxins from the liver or Fatty Liver.
- Useful in clearing the accumulated bile, which is the leading cause of Jaundice.
- Also effective to emulsify the bile and clearing the colon.
- Also improves Immune System of our body, so it is good for Infections and Fevers.

### DOSAGE

1-2 tablets twice daily.



# INGREDIENTS OF AROGYAVARDHINI VATI

S. No.	Indian Name	Latin Name	Parts
1	Haritaki	<i>Terminalia chebula</i>	5%
2	Bibhitaki	<i>Terminalia bellirica</i>	5%
3	Amlaki	<i>Emblica officinalis</i>	15%
4	Shuddh Shilajit	<i>Asphaltum (purified)</i>	7%
5	Shuddh Guggulu	<i>Commiphora mukul (purified)</i>	9%
6	Chitrak Mool	<i>Plumbago zeylanica</i>	9%
7	Kutki	<i>Picrorhiza kurroa</i>	50%

# CHANDERPRABHA VATI

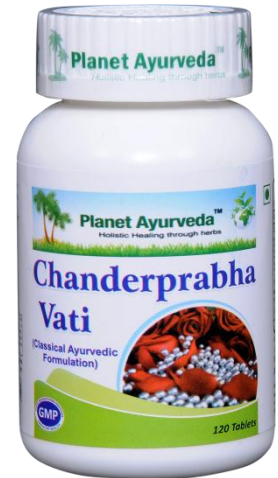
## EFFECTIVE AYURVEDIC REMEDY TO INCREASE SEX DRIVE



- Best herbal combination for Erectile Dysfunction and Premature Ejaculation.
- Causes a relaxation of tenseness and creates an open truthful atmosphere during sex.
- Increase fat metabolism by increasing growth hormone to more youthful levels.

## DOSAGE

1-2 tablets twice or thrice daily with lukewarm water



# INGREDIENTS OF CHANDERPRABHA VATI

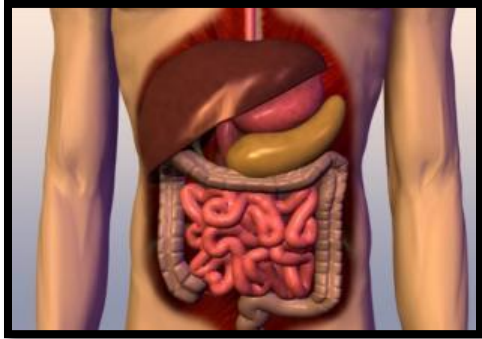
Myrrh & Bitumen 32 parts each, Sugar 16 parts, Black Salt, Sodium Sulphate, Rock salt , Pottasium carbonate, Sodium carbonate, Piper longum, Piper nigrum, Ginger, T. cordifolls, E. ribes, E.officinalis, Curcuma Longa, Cyprus rotundus, Calamus, Cinnamon Camphora, Piper chaba Each 4 Parts, B.montanum, Cinnamon zeylanica, E.cardamom, Cinnamon tamala - Each 1 Part.

**Ref. Ayurvedic Text** - Sharangdhar/ Chapter of Diabetes (M.kh.A-7)



# CHITRAKADI VATI

## EFFECTIVE AYURVEDIC SUPPLEMENT FOR DIGESTIVE SYSTEM



- Works on the Indigestion, Lack of Appetite, Abdominal Gas.
- Removes Aama Dosha, which is formed due to lack of Digestive Fire.

➤ Unique combination acts as an appetizer if taken before meal and as a digestive if taken after meal.

### DOSAGE

1-2 tablets twice or thrice daily with lukewarm water



# INGREDIENTS OF CHITRAKADI VATI

Chitraka (*Plumbago zeylanica*), Pippalimoola (*Piper longum*),  
5 Salts, Tarikatu, Maricha (*Piper nigrum*), Hingu (*Asa foetida*),  
Ajamoda (*Trachyspermum roxburghianum*), Chavya (*Piper chaba*),  
Processed in Pomegranate juice.

**Ref. Ayurvedic Text** – Bh. Ratnavali/ Chapter of IBS (M.Kh.A-7)

# GANDHAK RASAYAN

## BEST NATURAL SUPPLEMENT FOR SKIN REJUVENATION



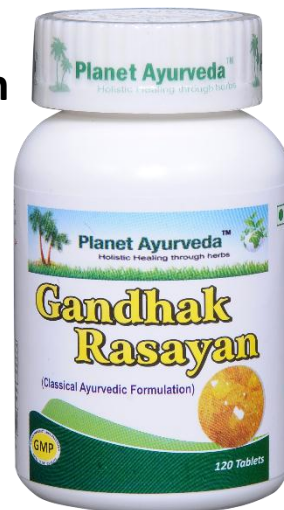
- Natural herbal supplement for Rejuvenation.
- Improves the immune system & longevity and eliminate harmful effects of toxins.
- Good remedy for all types of skin diseases as it purifies blood impurities.

## INGREDIENTS

Shuddh Gandhak

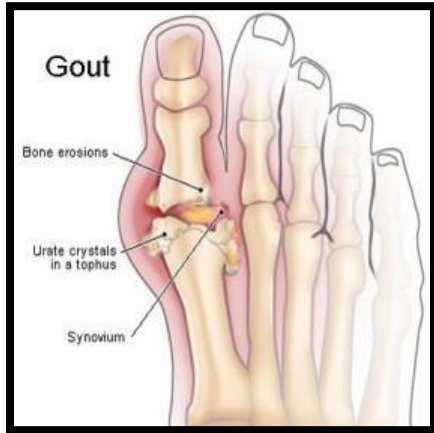
## DOSAGE

1-2 Tablets twice or thrice daily,  
after meals, with plain water



# KAISHORE GUGGUL

**MOST EFFECTIVE HERBAL SUPPLEMENT FOR GOUT & SKIN DISEASES**



- Effective herbal remedy for gout and in painful joint conditions.
- Removes toxins from within the blood and therefore useful herbal remedy for all metabolic disorders.
- Also effective in Skin diseases like Acne and Eczema etc.

## DOSAGE

**1-2 Tablets twice or thrice daily, after meals, with plain water**



# INGREDIENTS OF KIASHORE GUGGUL

E.officinalis, T.chebulla, T.bellerica, T.cordifolia, C.mukul – 64 parts each, Ginger, Black pepper, Piper longum, E.ribes-5 parts each, Baliospermum, montanum & Ipomea turpethum – 1 part each.

**Ref. Ayurvedic Text** – Sharangdhar Samhita/ Chapter of Gout (M.Kh.A-7)

# KACHNAAR GUGGUL

**WONDERFUL, EFFECTIVE NATURAL SUPPLEMENT FOR CANCERS**



- Best Herbal medicine for Hodgkin's lymphoma, Sarcoidosis, Metastatic tumors.
- Natural solution to Malignant Cancers, Uterine Fibroids, Ovarian Cysts and Swollen Lymph Nodes due to any reason.
- It is also recommended in chronic Gangrene, Fistula in Ano.

## DOSAGE

1-2 Tablets twice or thrice daily, after meals, with plain water



# INGREDIENTS OF KACHNAAR GUGGUL

S. No.	Indian Name	Latin Name	Parts
	Kachnar Bark	<i>Bauhinia variegata</i>	40
2	Amalaki	<i>Emblica officinalis</i>	8
3	Haritaki	<i>Terminalia chebula</i>	8
4	Bibhitaki	<i>Terminalia bellerica</i>	8
5	Ginger	<i>Zingiber officinale</i>	4
6	Black Pepper	<i>Piper nigrum</i>	4
7	Pippali	<i>Piper longum</i>	4
8	Varuna	<i>Crataeva religiosa</i>	4

# KUTAJGHAN VATI

## BEST ANTI-DYSENTERY HERBAL PILLS



- Rich in Anti-dysentery properties.
- Cures severe diarrheas with ease, no side effects!!!!
- Irritable Bowel Syndrome can be treated with Kutza Ghan.
- Can Cure Ulcerative Colitis.

### DOSAGE

1-2 pills with lukewarm water twice or thrice daily





# LAKSHADI GUGGUL

## BEST SUPPLEMENT FOR HEALTHY BONES



- Lakshadi Guggulu is particularly helpful for healing broken bones, fractures and osteophytes removal.
- It is really an excellent natural formula to enhance calcium deposition on bones.

- If taken along with calcium supplements, it helps in deposition of calcium at the right place.

## DOSAGE

1-2 pills with lukewarm water twice or thrice daily



## INGREDIENTS OF LAKSHADI GUGGUL

S. No.	Indian Name	Latin Name	Parts
1	Laksha	<i>Resin of Ficus religiosa tree</i>	5
2	Asthisamhari	<i>Cissus quadrangularis</i>	1
3	Arjun bark	<i>Terminalia arjuna</i>	1
4	Shuddh Guggulu	<i>Resin of Commiphora mukul</i>	1

# MAHASHANKH VATI

**NATURAL SOLUTION FOR ACIDITY, INDIGESTION & REFLUX DISEASE**



- Best herbal formula for Indigestion, Abdominal pain due to gas and irregular food habits, Acidity, Duodenal Ulcers.
- Natural treatment of digestive disorders like Loss of Appetite, Indigestion, Hyperacidity.

## DOSAGE

**1-2 pills with lukewarm water twice or thrice daily**



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# INGREDIENTS OF MAHASHANKH VATI

Pipali mool, Chitraka, Danti mool, Pippali, Maricha, Shunthi, Shuddha Vatsanabha, Shuddha Vatsanabha Hingu, Shankha Bhasma, Panch Lavana.

**Ref. Ayurvedic Text** – Bhaishajya Ratnavali / Chapter of Indigestion.

# PUNARNAVA MANDUR

## HERBAL FORMULA FOR PEDAL EDEMA, WATER RETENTION



- Effective natural solution to clear toxins from the body.
- Best herbal formulation for Kidney Failure Patients to reduce Urea/Creatinine Levels.
- Most effective herbal pills to reduce swelling around joints, swelling in the feet and reduce fluid accumulation in the feet.

## DOSAGE

1-2 pills with lukewarm water twice or thrice daily



# INGREDIENTS OF PUNARNAVA MANDUR

Boerrhavia diffusa, zingiber officinate, Piper Longum, Piper nigrum, Emblica officinalis, Terminalia chebula, Piper chaba, Curcuma longa, Embelia ribes, plumbago zeylanica, Ferric oxide calx, Processed in Bos primigenius urina.

**Ref. Ayurvedic Text** – Bhaishajya Ratnavali / Chapter of Anemia.

# SANJIVANI VATI

## NATURAL SOURCE OF LIFE AND HEALTH



- Sanjivani Vati in ayurvedic text is popularly known as "One that infuses life"
- This is a perfect formulation to combat cold, fever and flu.
- It is known as best "Aama (endotoxins) Digestive".

➤ Sanjeevani Vati helps in burning the accumulated metabolites.

### DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# INGREDIENTS OF SANJIVANI VATI

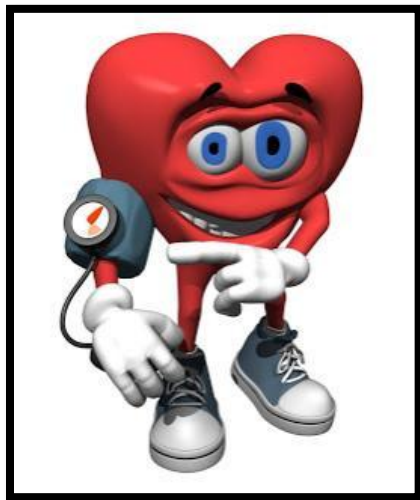
S. No.	Indian Name	Latin Name
1	Vidanga	<i>Embelia ribes</i>
2	Ginger Root	<i>Zingiber officinale</i>
3	Pippali	<i>Piper longum</i>
4	Haritaki	<i>Terminalia chebula</i>
5	Amlaki	<i>Emblica officinalis</i>
6	Vacha	<i>Acorus Calmus</i>
7	Guduchi herb	<i>Tinospora cordifolia</i>
8	Shuddh Bhallataka	<i>Semecarpus anacardium (Purified)</i>

**Ref. Ayurvedic Text** - Sharangdhar/Chapter of fevers. (M.Kh.A-7)



# SARPGANDHAGHAN VATI

**CALMS VATA DOSHA NATURALLY...BEST HERBAL RELAXANT**



- Sarp Gandhaghan Vati is an herbal supplement and classical Ayurvedic medicine.
- It is very effective in lowering High Blood Pressure, Insomnia, Psychological Disorders and Hysteria.
- It helps regulate blood pressure and maintains the normal balance of myocardial oxygen.

## DOSAGE

1-2 tablets once or twice daily as suggested by Ayurveda Expert



# TRIPHALA GUGGUL

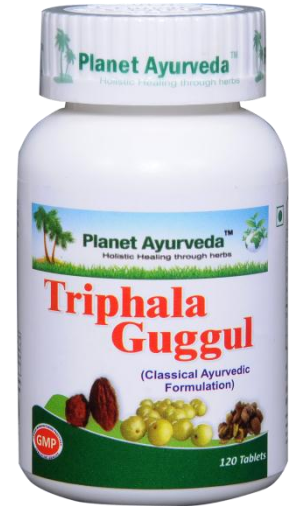
## NATURE'S BEST SOLUTION TO LIFESTYLE DISORDERS



- Cures Constipation from the root.
- Reduces Cholesterol levels and improves Heart Health.
- Heals Anal Fissure, Anal Fistula and Pile mass.
- Excellent blood cleanser and helps in Acne as well ( Works like Natural Anti-biotic)

### DOSAGE

1-2 tablets once or twice daily as suggested by  
Ayurveda Expert



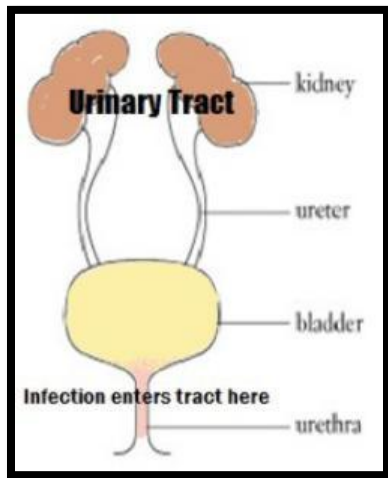
# INGREDIENTS OF TRIPHALA GUGGUL

S. No.	Indian Name	Latin Name
1	Haritaki	<i>Terminalia chebula</i>
2	Bibhitaki	<i>Terminalia bellerica</i>
3	Amalaki	<i>Emblica officinalis</i>
4	Shuddh Guggulu	<i>Commiphora mukul</i>

**Ref. Ayurvedic Text** - Sharangdhar/Chapter of Fistula. (M.Kh.A-7)

# VARUNADI VATI

**WORKS WONDERFULLY ON RENAL STONES & URINARY TRACT INFECTIONS**



- Cures Urinary Tract Infections.
- Relieves Renal Stone Pains.
- Helps remove renal stones naturally thereby preventing surgeries.
- Varunadi Vati helps to reduce Urea and Creatinine.

## INGREDIENTS

Punarnava, Varun,  
Gokshur, Rakt

## DOSAGE

1-2 tablets once or twice daily as  
suggested by Ayurveda Expert



# INGREDIENTS OF VARUNADI VATI

S. No.	Indian Name	Latin Name
1	Varun	<i>Crataeva nurvala</i>
2	Punarnava	<i>Boerhavia Diffusa</i>
3	Gokshur	<i>Tribulus terrestris</i>
4	Shuddha Guggulu	<i>Commiphora mukul</i>

**Ref. Ayurvedic Text** – Sharangdhar Samhita/Chapter of Urinary Disorder (M.Kh.A-7)

# YOGRAJ GUGGUL

## NATURE'S BEST SOLUTION TO MUSCULOSKELETAL DISORDERS



- Helps to pacify Vata (Air) in the Joints, Nerves & Muscles.
- Supports Healthy Menstrual Cycles.
- Acts as an anti-oxidant, promotes healthy immune system.
- It helps to maintain healthy Metabolism and remove toxins from the system.

## INGREDIENTS

Plumbago zeylanica, Piper longum, Tachyspermum ammi, Embelia ribes, cedrus deodara, cumin, piper chaba, cardamom, saussurea lappa, tribulus terrestris, triphala, Cyprus rotundus, sonth, black pepper, piper longum, cinnamon, khus, Guggul, Ghee.

## DOSAGE

2 tablets twice daily.



[WWW.PLANETAYURVEDA.COM](http://WWW.PLANETAYURVEDA.COM)

# INGREDIENTS OF YOGRAJ GUGGUL

Plumbago zeylanica, Piper longum, Tachyspermum ammi, Embelia ribes, cedrus deodara, cumin, piper chaba, cardamom, saussurea lappa, tribulus terrestris, triphala, Cyprus rotundus, sonth, black pepper, piper longum, cinnamon, khus, Guggul, Ghee.

**Ref. Ayurvedic Text** – Bh. Ratnavali / Chapter of Rheumatism