

You are ready to begin the 6 week program.



Order 6 week program: MyTeaMagic.com

Based on your analysis and information toxins have been detected in the kidneys, liver and lymphatic system.

What can you eat?

While you are on this program avoid all wheat, fruit, sugar and alcohol.

You can eat gluten-free.

You can have apples and pears.

You can have stevia.

You can have coffee or tea.

You can have meat.

You can have vegetables.

You can have beans, corn and rice.

If you have any questions about what you're eating then keep a daily food journal and email to analysis.kwc@gmail.com. Your food journal will be reviewed and I'll let you know if what you're eating will interfere with the program.

Juicing

You need to start juicing 16 ounces every day.

Kale

Juice 1/4 bunch of kale. Any type of kale will be fine.

Carrots

Juice 4 sticks of carrots. Choose carrots that will fit in your juicer without cutting. Carrot leaves are bitter so be careful.

Celery

Juice 4 sticks of celery. Celery leaves can also be juiced.

Radish

Juice 2 radishes. Radishes are red, white, round or long. Any radishes are fine.

Potato

Juice 1 small potato. There are different types of potatoes. Choose the common potato you find in your local supermarket.

Do you need a juicer?

No. You can use a Blendtec, Vitamix or Nutribullet.

These machines are easier to clean.

If you want the juice you can leave it in the refrigerator and let the bits float to the top.

You can scoop out the floating bits with a spoon and the juice will be on the bottom.

You can make 3-4 day's worth at a time and store it in the refrigerator.

The juice will taste sour if you're storing them in the refrigerator which means the probiotics are activated.

This is normal.

If you have a juicer then use that.

You can make 3-4 day's worth at a time and store it in the refrigerator.

The juice will taste sour if you're storing them in the refrigerator which means the probiotics are activated.

This is normal.

Week 1-2

Eliminates toxins in the lymphatic system.
You will be taking 2 weeks of this formula.

This will move all toxins out of lymph nodes and vessels system and into your kidneys and liver.
You **WILL NOT** experience any bad detox reactions.

Many people have reported they have increased energy and improved sleep.

You will be taking one of each every day for 14 days. You mix them and drink it before you start your day.



Send your updates after 2 weeks

Name:

Date:

Send your updates to analysis.kwc@gmail.com

Can you please answer the following questions:

Do you have trouble going to sleep?

Do you have trouble staying asleep?

Do you have indigestion?

Do you have acid reflux?

Do you have bloating?

Do you have nausea?

Do you have low energy?

Do you have any pain anywhere?

Do you have skin rash or breakouts?

Do you have headaches/migraines?

Do you have any sugar cravings?

Week 3-4

Eliminates toxins out of your kidneys and liver.
You will be taking 2 weeks of this formula.

This moves toxins out of your kidneys and liver.
You will experience increased energy and improved digestion.
You **WILL NOT** experience any bad detox reactions.

Many people have reported increased energy and improved digestion.

You will be taking one of each every day for 14 days. You mix them and drink it before you start your day.



Send your updates after 2 weeks

Name:

Date:

Send your updates to analysis.kwc@gmail.com

Can you please answer the following questions:

Do you have trouble going to sleep?

Do you have trouble staying asleep?

Do you have indigestion?

Do you have acid reflux?

Do you have bloating?

Do you have nausea?

Do you have low energy?

Do you have any pain anywhere?

Do you have skin rash or breakouts?

Do you have headaches/migraines?

Do you have any sugar cravings?

Week 5-6

Boosts your immune system to eliminate super toxins.

You will be taking 2 weeks of this formula.

This will activate your immune system to eliminate super toxins.

You will experience increased energy and improved memory.

You will not experience any bad detox reactions.

You will be taking one of each every day for 14 days. You mix them and drink it before you start your day.



Send your updates after 2 weeks

Name:

Date:

Send your updates to analysis.kwc@gmail.com

Can you please answer the following questions:

Do you have trouble going to sleep?

Do you have trouble staying asleep?

Do you have indigestion?

Do you have acid reflux?

Do you have bloating?

Do you have nausea?

Do you have low energy?

Do you have any pain anywhere?

Do you have skin rash or breakouts?

Do you have headaches/migraines?

Do you have any sugar cravings?

What to expect when you're done with 6 week circulation program?

When you have finished the 6 week circulation program please send another hair sample for analysis.

Hair sample is \$25.

Your progress will be determined by the hair analysis and the updates you sent in every 2 weeks.