



## checklist

- ✓ Sized Pocket nappies (10, 20 or 40)
- ✓ Roll of disposable Liners
- ✓ Bucket with lid or Hanging Nappy Pail
- ✓ Mesh Laundry Bag

# nappy guide pocket nappy kit

Thank you for choosing a **littlelamb** nappy kit! These special nappies are new, modern design and are super slimline. The nappy holds no absorption by itself, the absorption is created by inserting a very thirsty piece of folded bamboo fabric into the pocket. While this might sound intimidating, we think this is our easiest nappy system to master. We have written this guide to help you on your washable nappy journey, but if you have any questions or feedback please get in touch - we are here to help.

# nappy parts

**Liner** The nappy is made of a micro fleece that is easy to flick poo off and into the toilet, but some people prefer to use disposable liners so we have included a roll of these in this kit.

**Bamboo Inserts** These are the magical layer that absorbs all the liquid, this is folded half and inserted into the pocket of the nappy.

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## how to use

Fold and insert bamboo into 'pocket' of the nappy. Add a liner (optional). Fasten the nappy by using the poppers, ensuring that when it is done up you can run a finger along the leg seam. The nappy should sit in the 'knicker-line'.

**Cute Tips** Make sure there are no gaps at each side by the leg opening, otherwise the liquid will miss the insert and may not be absorbed, leading to a leak. For night times or a heavy wetter 2 inserts may be used. 🐑 If the disposable liner is too big, cut it down to size. Never fold as this affects the absorption of the nappy.







# changing

When changing your baby you have to dispose of the poo - do not place a nappy full of poo into your bucket. If you are using a washable liner and it has a poo on it, hold it firmly over the toilet and stretch it, gravity should push off any solids into the toilet. If it is a runny poo, hold the liner in the toilet and flush while rubbing it with a toilet brush - but ensure the nappy bucket/bag is close or you will drip water over the floor.

We recommend storing dirty nappies in our nappy bucket lined with the mesh laundry bag, or in our Hangig Nappy Pail. If you are using a disposable liner, dispose of the liner into the bin.

# washing

We recommend washing every 2 days. Warm water (40 degrees) with non-bio detergent, no fabric softener and absolutely no bleach. Inserts should be removed for washing and drying. Dry on a washing line or tumble dry on a low heat.

**Cute Tips** Tumble drying is fine, but if you want your nappies to last subsequent babies, or if you plan to resell your nappies after use then we recommend line drying to extend the life of the nappies. 🐑 Line your nappy bucket with our mesh laundry bag to make washing easier.



Join us

@littlelambnappies



If you have any questions, feedback or are just feeling unsure then please contact us. We are here to help!

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