Thank you for choosing a LittleLamb nappy kit. These special nappies are very new, modern design and are super slimline. The nappy holds no absorption by itself, the absorption is created by inserting two super absorbent bamboo layers of fabric, known as a booster. The sizing is changed by popping together the poppers meaning this nappy can take your baby from birth to potty, saving you lots of money!

We have written this guide to help you on your washable nappy journey, but if you have any questions or feedback please get in touch.

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In this kit you have the following: Pocket Nappies with boosters (10, 20 or 40) Fleecy Liners (10, 20 or 40) Wraps (3, 6 or 12) Roll of disposable Liners Bucket with lid Mesh Laundry Bag Instructions and helpful advice

## Nappy Parts:

Liner: The liner is a white piece of soft, fluffy fabric. The liners job is to catch the poo, this makes washing easier. You can choose whether to use this or to use the disposable version on the roll included in this kit.

If using disposable liners with a new born baby, you can cut the liner in half so it is not so big in the nappy but never fold it in half as this will prevent absorption by the nappy. As the nappy is lined with a micro fleece, you do not have to use a liner, but most prefer to.

Boosters: These are the magical layer of bamboo fabric that absorbs all the liquid. If you find that 2 boosters is not absorbent enough for night times, pop in an additional booster on top of the fleece next to the babies bottom.

Top tip: Make sure there are no gaps at each side by the leg opening and the boosters have not bunched together, otherwise the liquid will miss the boosters and may not be absorbed, leading to a leak.

## How to use your new nappies:

The poppers below the ones for the waist fastening (2 rows of 3) are used to adjust the height of the nappy to suit babies size.

Insert booster into pocket of the nappy

Optional: add a liner

Fasten nappy on baby ensuring that when it is done up you can run a finger along the leg seam.

Top tip: Nappies should sit in the 'knicker-line'.

Top tip: If the disposable liner is too big, cut it down to size. Never fold as this affects the absorption of the nappy.

## Changing:

When changing your baby you have to dispose of the poo - do not place a nappy full of poo into your bucket or large wet bag. If you are using a washable liner and it has a poo on it, hold it firmly over the toilet and stretch it, gravity should push off any solids into the toilet. If it is a runny poo, hold the liner in the toilet and flush while rubbing it with a toilet brush - but ensure the nappy bucket/bag is close or you will drip water over the floor. We recommend storing dirty nappies in our nappy pail lined with the mesh laundry bag.

If you are using a disposable liner, dispose of the liner into the bin.

## Washing instructions:

We recommend washing every 2 days

Warm water (40 degrees) with non-bio detergent, no fabric softener and absolutely no bleach. Boosters should be removed from the nappy for washing and drying. Dry on a washing line or tumble dry on a low heat.

Top tip: tumble drying is fine, but if you want your nappies to last subsequent babies, or if you plan to resell your nappies after use then we recommend line drying to extend the life of the nappies.

Top tip: line your nappy bucket with our mesh laundry bag to make washing easier.