

Thank you for choosing a LittleLamb nappy kit. We highly recommend buying in kits as you will know your nappy and wrap will work seamlessly together, and you can save lots of money by buying in bulk. The mix and match approach to washable nappies can leave a lot of new parents disheartened when one brand doesn't work with another, but by using a kit you know that you will have the best possible start to using washable nappies.

We have written this guide to help you on your washable nappy journey, but if you have any questions or feedback please get in touch.

Vicky@littlamb.co.uk

In this kit you have the following:

Nappies with boosters (10, 20 or 40)

Fleecy Liners (10, 20 or 40)

Wraps (3, 6 or 12)

Roll of disposable Liners

Bucket with lid

Mesh Laundry Bag

Instructions and helpful advice

Nappy parts:

Fabric Nappy:

When you open your new nappy, inside will be a white piece of soft, fluffy fabric, this is called the reusable liner. The liners job is to catch the poo, this makes changing easier. You can choose whether to use this or to use the disposable version on the roll included in this kit.

In a size 1 nappy you will also have a piece of fabric in the same fabric as the nappy, this called a booster. In the size 2 + 3 nappies the booster is sewn into the nappy to stop it moving around with an active toddler.

The boosters' job is additional absorbency. You may not need it with a new born baby but as your child begins to produce more liquid, a booster is recommended to help with absorbency. When needed it is put on top of the nappy between the nappy and the liner.

Top tip: For heavy wetters, you can use 2 boosters; one in the regular place and one between the nappy and the wrap - this is great for making nappies more absorbent for nighttime use when you don't want to wake baby for a change.

Top tip: Fold the booster in half and place at the front of the nappy for boys

Wrap:

The wrap is the waterproof layer in this standard 2 part nappy system. LittleLamb wraps are made from a superset polyester knit with a unique waterproof layer inside, this means the wraps are waterproof yet still breathable for babies skin.

Note. If you experience any mark more severe than a sock mark which does not fade quickly, please stop using the nappy and wrap and get in contact with us.

How to use your new nappies:

Place a nappy inside an opened out wrap, and adjust the booster to suit (fold in half for a boy, unfolded for a girl). Place a liner on top of the booster, put baby on and loosely fasten the nappy, poking any bits of liner that are sticking out back into the nappy. Fasten the wrap, making sure none of the nappy is visible and ensure the wrap is sitting in the 'knicker-line'.

Top tip: Don't fasten the wrap too tightly. When the nappy and wrap are fastened onto baby, check you can get run finger between the seam and babies skin.

Tip top: the order from the changing mat up is always:

Wrap, nappy, booster, liner then baby.

Changing with your new nappies:

When changing your baby you have to dispose of the poo - do not place a nappy full of poo into your bucket or large wet bag. If you are using a washable liner and it has a poo on it, hold it firmly over the toilet and stretch it, gravity should push off any solids into the toilet. If it is a runny poo, hold the liner in the toilet and flush while rubbing it with a toilet brush - but ensure the nappy bucket/bag is close or you will drip water over the floor. We recommend storing dirty nappies in our nappy pail lined with the mesh laundry bag, or in our hanging nappy pail.

If you are using a disposable liner, dispose of the liner into the bin.

During the day you do not have to always use a new wrap, if it is still dry then you can continue to use the same one so long as you are changing the fabric nappy. Always use a fresh wrap for nighttime.

Washing Instructions:

We recommend washing every 2 days

Close the laundry tabs on the nappies and wash in warm water (40 degrees) with non-bio detergent, no fabric softener and absolutely no bleach.

Dry on a washing line or tumble dry on a low heat.

Top tip: tumble drying is fine, but if you want your nappies to last subsequent babies, or if you plan to resell your nappies after use then we recommend line drying to extend the life of the nappies.

Top tip: line your nappy bucket with our mesh laundry bag to make washing easier.