

Thank you for choosing a LittleLamb nappy kit. These special nappies are very new, modern design and are super slimline. The nappy holds no absorption by itself, the absorption is created by inserting a super absorbent piece of folded bamboo fabric. While this might sound intimidating, we think these are our easiest nappy system to master.

We have written this guide to help you on your washable nappy journey, but if you have any questions or feedback please get in touch.

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In this kit you have the following:

Sized Pocket nappies (10, 20 or 40)

Bamboo Inserts (10, 20 or 40)

Roll of disposable Liners

Bucket with lid

Mesh Laundry Bag

### **Nappy Parts:**

**Liner:** The nappy is made of a micro fleece that is easy to flick poo off and into the toilet, but some people prefer to use disposable liners so we have included a roll of these in this kit.

**Bamboo Inserts:** These are the magical layer that absorbs all the liquid, this is folded half and inserted into the pocket of the nappy.

**Top tip:** Make sure there are no gaps at each side by the leg opening, otherwise the liquid will miss the insert and may not be absorbed, leading to a leak. For night times or a heavy wetter 2 inserts may be used.

### **How to use your new nappies:**

Fold and insert bamboo into pocket of the nappy.

Optional: add a liner

Fasten nappy, ensuring that when it is done up you can run a finger along the leg seam.

**Top tip:** Nappies should sit in the 'knicker-line'.

**Top tip:** If the disposable liner is too big, cut it down to size. Never fold as this affects the absorption of the nappy.

### **Changing:**

When changing your baby you have to dispose of the poo - do not place a nappy full of poo into your bucket or large wet bag. If you are using a washable liner and it has a poo on it, hold it firmly over the toilet and stretch it, gravity should push off any solids into the toilet. If it is a runny poo, hold the liner in the toilet and flush while rubbing it with a toilet brush - but ensure the nappy bucket/bag is close or you will drip water over the floor. We recommend storing dirty nappies in our nappy pail lined with the mesh laundry bag.

If you are using a disposable liner, dispose of the liner into the bin.

### **Washing instructions:**

We recommend washing every 2 days

Warm water (40 degrees) with non-bio detergent, no fabric softener and absolutely no bleach.

Inserts should be removed from the nappy for washing and drying.

Dry on a washing line or tumble dry on a low heat.

**Top tip:** tumble drying is fine, but if you want your nappies to last subsequent babies, or if you plan to resell your nappies after use then we recommend line drying to extend the life of the nappies.

**Top tip:** line your nappy bucket with our mesh laundry bag to make washing easier.