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DIRECTIONS: Mix 1 level scoop to 8oz. of water, or beverage of your choice. Enjoy.

NATURALLY ENHANCE YOUR WORKOUT

At AboutTime®, we do not believe in sacrificing one good thing for another, we want it all! That's why we develop products that stand for great quality AND taste. In addition, we appreciate simplicity which is why our pre-workout powder has simple ingredients that you can actually pronounce.

OUALITY PRODUCTS MADE IN USA

AboutTime® Pre Workout is formulated with a natural blend of teas, which provides a more euphoric energy increase when compared to synthetic caffeine that can cause jitters and crashes. Each serving is zero calories and contains 60mg of caffeine to help give you energy, drive, & focus.

SWEETENED WITH STEVIA

NO ARTIFICIAL COLORS OR FLAVORS

NO SYNTHETIC CAFFEINE GLUTEN FREE

NO JITTERS OR CRASHES

THE ABOUTTIME® CORE VALUES

AboutTime® is blended, lab tested, and quality approved at our state-of-the-art facility in Pittsburgh, PA, USA.



Supplement Facts Serving Size: 1 Scoop (5.9g)

Servings Per Container: 60

Amount Per Serving		%Daily Value
Vitamin C (as Ascorbic Acid)	500 mg	556%
Vitamin B6 (Pyridoxine HCI)	8.3 mg	488%
Vitamin B12 (as Methylcobalamin)	6 mcg	248%
Choline (as Choline Bitartrate)	308 mg	56%
Performance Blend	3,500 mg	*
Beta Alanine	1,500 mg	*
Agmatine Sulfate	750 mg	*
Choline Bitartrate	750 mg	*
L-Tyrosine	500 mg	*
Energize & Restore Formula	845.006 mg	*
Ascorbic Acid	500 mg	*
Guarana Extract	150 mg	*
Yerba Mate Extract	100 mg	*
Caffeine (Derived from Green Tea	a) 60 mg	*
	25 mg	*
Green Tea Extract		
Pyridoxine HCI	10 mg	*

Other Ingredients: Natural Flavors, Citric Acid, Silicon Dioxide, Red Beet Powder (for color), and Stevia

Manufactured & Distributed By: SDC Nutrition 170 Industry Dr, Pittsburgh, PA 15275 • 866-982-9439

MARNING: Consuming this product can expose you to chemicals including Lead and Cadmium, which is known to the State of California to cause cancer, and Lead and Cadmium, which is known to the State of California to cause birth defects and/or other reproductive harm. For more information go to www.P65Warnings.ca.gov

> † These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







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